

TCC Training Institute November 2021

SCHEDULE

WEEK ONE

Welcome and Making the Case

Monday, November 1, 2020 12:00 – 1:30pm

Robin Glazer, recently retired Director of The Creative Center, and Sophia Heinecke, Arts and Wellness Manager, will welcome our group to the virtual format of this training and discuss the current "state of the field" and the implications of developing and implementing arts programming post-COVID-19, into healthcare, public health and aging services. Trainees will introduce themselves and their professional or personal affiliations to our field.

Robin Glazer is one of the founders of The Creative Center (1994). Formerly the art director, she was the executive director from 2006-2011 when she shepherded a merger with University Settlement and is now the newly retired director of the program. An artist, art educator and arts and health administrator, Robin is dedicated to her work in arts-in-healthcare and creative aging- determined to turn the field from a "growing" one to a funded one! Robin will remain with The Creative Center as a consultant.

Sophia Valera Heinecke is the Manager of Arts and Wellness at The Creative Center as well as a playwright and performer. In creating an interdisciplinary cohort of artists to provide best practices programs to people living with and beyond cancer, other chronic illnesses as well as older adults across the aging spectrum she has found the perfect marriage of her passions for meaningful community arts engagements and the world of downtown theater. She has been an artist fellow with the Performance Project at University Settlement and received both the John Golden Award for Playwriting and the Issac Kwock Award for Social Justice.

Roundtable

Wednesday, November 3, 10:30 -11:45am

Each week, we will gather to reflect on what we've learned so far. Prior to this first roundtable, please think about what you would like to know and accomplish over the course of our month together. If you have specific questions you would like to submit for this session, please email info@thecreativecenter.org

Getting Old: The Aging Body, Mind and Soul

Wednesday, November 3, 12:00 – 1:30pm

Aging is a shared human experience that is both embraced and shunned. Mother nature has orchestrated quite a cascade of changes to the body that are manifested both on the visible surface and well below the skin and tissues. These changes affect not just the way we look and feel, but can drastically alter our relationship with ourselves, each other, and our society. In this presentation, aging is explored in its physiological, personal, and societal context using images from medical illustrations, patient artwork, and through the eyes of a geriatrician.

Rosanne M. Leipzig, MD, PhD is the Gerald and May Ellen Ritter Professor (tenured) and the Vice Chair for Education of the Brookdale Department of Geriatrics and Palliative Medicine at the Icahn School of Medicine at Mount Sinai in New York. Dr. Leipzig is an internationally recognized leader in geriatrics and has received numerous awards for her work including the American College of Physicians Richard and Hinda Rosenthal Foundation Award, a Joy McCann Scholar award recognizing her expertise in mentoring and medical education, the 2008 Dennis W. Jahnigen Memorial award from the American Geriatrics Society, a Brookdale National Fellowship in Geriatric Medicine and in 2014 received the Paula Ettelbrick Community Service Award from Services & Advocacy for GLBT Elders (SAGE). In 2016, she received the Jacobi Medallion, one of the highest honors from the Mount Sinai Health System. She is also the editor-in-chief of Focus on Healthy Aging, a monthly newsletter for consumers, and past chair of the Geriatrics Working Group of the United States Preventive Services Task Force and the American Board of Internal Medicine's Subspecialty Board on Geriatric Medicine. She has published over 100 articles and was the Deputy Editor for the 4th edition of Cassel's Geriatric Medicine.

Hospital AIR Panel: What does it take to craft this work?

Webinar

Thursday, November 4, 3:00-5:00pm

A panel discussion and Q&A with several artists who have worked with The Creative Center in hospital sites, cancer centers, hospices and long-term care facilities as healthcare artists-in-residence. They will describe the challenges of working within large systems while retaining their unique methods of working one-one and in small group settings with patients, family members, caregivers and healthcare staff. The panel will be moderated by Robin Glazer, who was The Creative Center's first Hospital Artist-In-Residence and expanded this program to its pre-pandemic height of 30 AIR programs in NYC. Replicated nationally in more than 60 healthcare sites, the AIR program is dependent on the professional artists who bring their expertise, passion and individual approaches to each AIR position.

Creative Center Hospital Artists-In-Residence:

Carmen Paulino is fiber artist who lives In El Barrio/ East Harlem, in New York City. She was raised in Harlem, which is her inspiration for most of her artwork. She takes real life experiences and

visuals from her interactions and life experiences of living in such a diverse melting pot of cultures. She has a great passion and devotion with bringing community into my art. She works with the community for about seven years where She creative murals fiber art murals all around the city. Instagram @CarmencommunityArtist

Liz Rubel is a Hospital Artist-in-Residence at The Creative Center working at NYU Perlmutter Cancer Center, Woodhull Hospital, and Bellevue Hospital (pre-Covid). She has taught workshop classes and coordinated volunteer Bead Brunches with The Creative Center for the past four years. Liz recently graduated with her Masters of Arts in Museum Studies from the CUNY School of Professional Studies in collaboration with the New-York Historical Society. She is a jewelry designer and does jewelry production work in her small freelance business. Liz is passionate about accessible education in the museum, sharing sensory experiences, and providing spaces for healing and expression. Liz does not come from a fine arts background and believes in the power of creativity in finding everyone's inner artist.

Sascha Mallon is The Creative Center Hospital Artist-In-Residence at Mount Sinai Oncology and Bone Marrow Transplant. Sascha grew up in Austria, and now lives in Beacon, NY with her family. Sascha studied art therapy at ISSA/ School for Art Therapy in Austria, she is adjunct faculty for painting and ceramics at Mount Saint Mary College and is a certified Meditation Teacher (from Tibet House New York) . Her Ceramics and Drawings have been exhibited internationally. She is represented by Frontroom Gallery New York.

Desi Minchillo is both architect and artist. She has practiced as an architect for 23 years. Her projects have involved civic structures such as courthouses and schools. In 2006, she changed her focus and embarked in the art world. Her artistic style, although influenced by architectural imagery and theory focuses on the fragility of life. Her past work has involved the use of found materials to create temporal sculptural reliefs and she's applied her past artistic investigations to her current paintings. She has participated in numerous shows and has been awarded grants from the QCA, LBI Foundation and the SCA Percent for Arts program. She has taught workshops as a visiting artist at the LBI Foundation, the Middle Village School and The Creative Center. Desi served as a Hospital Artist-In-Residence for the past twelve years for TCC at Bellevue Hospital, Mount Sinai East and Mont Sinai West.

Inkblots: Imagining in the Moment

Friday, November 5, 7:00 – 8:30pm

Have you ever looked up into a sky filled with fluffy clouds—and did you see something surprising? A puffy white pig or a writhing dragon? When we look for images in inkblots, we use the same natural urge to find meaningful patterns and shapes wherever we look. Inkblots require no special artistic skill to create and making inkblots can aid the development of visual skills and confidence. They can be used as jumping-off points for story-spinning, writing, and conversation, and can be useful tools for sparking creative thought with many populations including those living with dementia disorders.

In this session, participants will make black and white as well as color inkblots, draw into and participate in writing exercises based on them, and play evocative, thought-provoking games with the ones they have made. We will take our “new eyes,” to look into inkblots, and look at a slide presentation of “found drawings”. Most importantly, we will discuss ways to incorporate this playful artmaking tool into our work.

Margaret Peot is an artist, writer and costume painter. Most recently, she has published several shareable coloring books in the *Let's Color Together* series with Sourcebooks and two Color Punch Out and Play Sets with Pomegranate Publishing: *Tea Party* and *Museum Visit*. Other books include *Stencil Craft: Techniques for Fashion, Art and Home* (F&W) and *Crow Makes a Friend* (Holiday House). Margaret's book *Inkblot: Drip, Splat and Squish Your Way to Creativity* (Boyd's Mills 2011) was awarded a Eureka! Silver Medal for non-fiction children's books. She is also the author of *The Successful Artist's Career Guide* (F&W 2012), *Alternative Art Journals* (F&W 2012), and *Make Your Mark* (Chronicle Books, 2004), voted one of Library Journal's best how-to books of 2004. Margaret has painted costumes for more than twenty years. Projects include Broadway (Aladdin, The Lion King, Wicked, Turn Off the Dark, among many others), dance, circuses, arena shows and ice shows. She has taught costume painting for ten years at NYU's Tisch School of the Arts, and at UNC, BYU, The Self Employment in the Arts 2013 conference in Chicago, at FIT, Miami University, and USITT-SE in Athens, GA. Margaret is a member of USA 829. Margaret has presented art workshops with cancer survivors, elders, children, parent and teen groups, writers, nurses and caregivers, at The Creative Center at University Settlement's Creative Aging conferences, and their Artist-in-Residence Training program, with EngAGE Utah, The Huntsman Cancer Institute, Operation Exodus in NYC, and Opening Minds Through Art. www.margaretpeot.com

Expanding Inclusivity In Your Teaching (and Learning!) Process with Fiber Art

Saturday, November 6, 12:00pm-1:30pm

This program gives insight into two crucial facets of arts and health programs in any setting: teaching difficult content and understanding why adaptable strategies for teaching something difficult is a vital part of working with older adults, and people living with chronic illness, mental or physical disabilities.

This will be a co-presentation between Lisa Daehlin, who will be teaching finger knitting while describing some of the challenges of the normal aging process while learning how to knit with our fingers, as well as a second presenter, Loretta Claiborne, who will speak to her experience of learning to knit despite her disabilities, and how knitting for others has brought her great satisfaction and joy.

We will explore approaches that can be used with groups as well as individuals.

Lisa Daehlin is a knitting designer and opera chanteuse. She has taught fiber arts at The Cooper Union, Newark Museum, PS122 Gallery, Harlem Knitting Circle, Vogue Knitting LIVE and the American

Folk-Art Museum in New York. A sought-after designer of knitted and crocheted fabrics and objects, she free-lances for the fashion industry and retail design. Her designs can be seen walking the streets of Manhattan, gracing the pages of Interweave Knits, Knit.1, Knit Simple and Vogue Knitting magazines.

Loretta Claiborne was the middle of seven children in a poor, single-parent family. Born partially blind and intellectually challenged, she was unable to walk or talk until age four. Eventually, though, she began to run. And before she knew it, she had crossed the finish line of twenty-six marathons, twice placing among the top one-hundred women in the Boston Marathon. She introduced President Bill Clinton at the 1995 Special Olympics World Summer Games has won medals in dozens of its events, and also holds the current women's record in her age group for the 5000 meters at seventeen minutes. Today, Claiborne is a celebrated athlete who was honored in 1996 with ESPN's ESPY Arthur Ashe Award for Courage. Her life is recounted in Walt Disney Productions The Loretta Claiborne Story (originally broadcast on ABC-TV and now on DVD) and in the biography, "In Her Stride" published by WorldScapes. Considering all of Claiborne's achievements, these are just small steps in her life's mission to show that persons with intellectual and physical disabilities are equal to those without.

WEEK TWO

Roundtable Discussion

Wednesday, November 10 10:30-11:45am

We will use this roundtable to discuss your thoughts and reactions to our previous sessions as well as answer any questions that you may have. Please submit any ideas, comments and questions for this roundtable in advance to info@thecreativecenter.org

Engaging Alzheimer's, A New Perspective on Dementia

Wednesday, November 10, 2020 12:00 – 1:30pm

Understanding is the foundation to intervention. We will start this presentation with an educational overview of Alzheimer's Disease and other dementia disorders that addresses causes, fears, limitations, capabilities and expectations. We will then focus on how we, as care partners, artists and administrators, hold a great responsibility as well as privilege in our role. A proactive rather than reactive approach is presented in an easy to digest format.

Amy Matthews has worked exclusively in the field of Alzheimer's and related dementia disorders for the past 29 years. Her experience ranges from Adult Day Care and Home Health to working as the

original Activity Director in the very first dementia specific assisted living in the country and later as Executive Director opening a building in West Orange NJ. Ms. Matthews also worked for the Alzheimer's Association, Greater New Jersey Chapter for 14 years providing both professional and community education and training. Amy currently specializes in professional training and community education. She also provides consulting with professionals and families on best practices and helping them create a plan of care for the future. Amy was also a caregiver for her grandmother who had vascular dementia and considers this her greatest experience in terms of understanding how these diseases affect families and how families reach out and interact with professionals.

Storytelling in Arts and Health: Shifting Narratives, Activating Community Histories

Webinar

Thursday, November 11, 3:00 - 4:30pm

This panel, moderated by Dr. David Olawuyi Fakunle, Ph.D, will focus on how storytelling can influence both the individual and organizations involved in the national landscape of Arts and Health. Discussion will touch on how each of the organizations represented empower participants in arts and health programs to tell their own stories, how we can shift the narrative of arts and health by recognizing organizations as living and breathing bodies, and how to build an understanding of how story is a touchstone in your mission of arts and health. We will hear a short introduction to the work of Dr. Fakunle and each organization represented and include time for audience questions.

Panelists include Story Corps: Maura Johnson; Asante Art Institute of Indianapolis: Keesha Dixon; The Memory Project's: Karen Oughtred and Spica Wobbe; Time Slips: Kathy Hawkins

Panel Moderated by *David Olawuyi Fakunle, PhD*

David Olawuyi Fakunle, Ph.D. is a "mercenary for change," employing any skill and occupying any space to help elevate everyone divested from their truest self, especially those who are Black, Indigenous and People of Color. David serves as Adjunct Assistant Professor at the University of Florida Center for Arts in Medicine, and Associate Faculty in the Mental Health department of the Johns Hopkins Bloomberg School of Public Health. David's interests include stressors within the built environment, societal manifestations of racism, and the use of arts and culture to strengthen health, equity, and ultimately liberation. Additionally, David has applied artistic and cultural practices such as Black storytelling, African drumming, singing and theater in the proclamation of his truth for over 20 years, collaborating primarily with organizations in the Baltimore/Washington, D.C. region. David is co-founder and CEO of DiscoverME/RecoverME, an organization that utilizes the African oral tradition to empower use of narrative for healing and growth and serves as Chair of the Maryland Lynching Truth and Reconciliation Commission, the first state commission in the United States dedicated to chronicling and bringing justice to racial terror lynchings.

Maura Johnson (she/her) is the Senior Associate of Learning & Engagement at StoryCorps. In her role, she helps a wide range of organizations create storytelling and recording projects in their communities. In particular, Maura has worked closely with StoryCorps' Legacy Program to highlight the stories of patients, families and caregivers. Maura has a background in film and media and is a current graduate student in Library and Information Studies at Queens College in New York

Keesha Dixon (Training Institute graduate 2019?) is a veteran arts administrator, master practitioner, community advocate and experienced fundraiser, is currently the Executive Director of the Asante Art Institute of Indianapolis, Inc. With 40+ years of experience in executive leadership, management and supervisory positions, she has become one of the most respected and revered leaders in the arts community of Indianapolis and throughout the nation. She is unwavering in her dedication to connect diverse organizations to build mutually beneficial partnerships that will attend to the cultural needs of under-valued communities of color.

Kathy Hawkins is the Engagement Coordinator at TimeSlips. Kathy has been affiliated with TimeSlips as a facilitator since 2003 and is a Board-Certified Music Therapist. Her areas of expertise include intergenerational programming, creativity and aging and dementia care. She is a sought-after conference presenter and lecturer who worked at Heather Hill as the staff Music Therapist/Internship Director/Supervisor for 10 years.

Karen Oughtred (*Training Institute graduate 2017*) is an educator and theater artist who has devised drama programs in the US, Australia and Taiwan. As a teaching artist she co-created The Memory Project with Spica Wobbe (2016) delivering workshops in storytelling through visual arts, theater and puppetry to older adults at culturally diverse senior centers. The project received LMCC SU-CASA and LMCC Creative Learning grants in 2017, 2018 and 2019. She co-presented with Spica Wobbe at the Creative Center at the University Settlement for their Creative Aging Training Institute in 2019 and has mentored Teaching Artists through the Lifetime Arts Creative Aging Mentorship Program in 2018 and 2019. Upcoming presentation with Spica Wobbe at the Face-to-Face NYC Educators Roundtable Conference, "Teaching the Older Adult: Using visual art as a communicative tool to elicit memories and express creativity". At the Mount Vernon Hotel Museum she directs and performs in their outreach program, *People of our Past*, presented at numerous Senior Centers across the five boroughs. She directs Jay Heritage Center's (Rye) interactive museum theater, *Striving For Freedom..* Karen is Production Stage Manager for the National Museum of the American Indian and various NY theater and dance companies. And is the founder and Artistic Director of the Australian Aboriginal Theater Initiative (NY) (2003-2011), a non-profit theater company producing annual festivals featuring over 100 indigenous artists from Australia, New Zealand, Samoa, Canada and the US. Karen's puppetry credits include: co-curator Voice4Vision International Puppetry Festival, (NY), The Dream Community: teaching artist, (Taipei, Taiwan), IsleWilde: teaching artist, (Vashon Island, WA), Bread and Puppet Theater: performer (NY, Glover, VT, Canada) and Chinese Theatre Works: performer (Virginia, NY), Mary Seidman & Dancers: puppetry construction (NY), collaborated with Spica Wobbe (9th International Toy Theater Festival, St. Ann's Warehouse, and Puppet Playlist, Tank). Karen is a graduate of New Actors Workshop (Mike Nichols, Paul Sills, George Morrison) and Antioch University.

Spica Wobbe (Shu-yun Cheng) (Training Institute graduate 2017) is a puppetry artist originally from Taiwan. Her work has been seen in Taiwan, Hong Kong, Korea, Japan, Holland, Germany, Israel, Austria and the U.S. Now based in NYC, she works as a puppetry designer, performer and educator since she received her M.A. in Educational Theater from New York University in 2003. She established Double Image Theater Lab in 2011 to create cross-cultural productions that explore the world of the past and the present. Spica received the Exemplary Teaching Artist Award from New York University in 2014. She is a two-time recipient of a grant from the Jim Henson Foundation and is a 2015 Sandglass Theater New Vision Series Resident Artist. Spica was the featured artist in "Shadow, Light... Hide & Seek Exhibit" at WenShand Theater in Taipei in 2015 and "Heaven of Puppets Exhibit" at Taipei Puppet Museum in 2016. Spica attended the Creative Center Training Institute in 2015 and was also in the Lifetime Arts Creative Aging Mentorship Program in 2016. Spica co-created The Memory Project with Karen Oughtred (2016), storytelling through visual arts, theater and puppetry for culturally diverse senior centers. The project received LMCC SU-CASA and Creative Learning grants in 2017. You can learn more about her work at <http://www.doubleimagetheaterlab.com> and about "The Memory Project" at <https://www.facebook.com/thememoryproject.storytelling>

Tools of Engagement: Jiffy Books!

Webinar, Public Program

Friday, November 12, 12:00-1:30pm

Artists working in healthcare setting must build a creative toolbox filled with processes and projects that are both fast and fascinating enough to engage even the most reluctant! Only have two minutes? Grab a piece of copy paper (or even a hospital brochure that's 8.5x11 inches) and work your magic- delighting patients, their visitors and staff with these simple book forms ready to be filled right then- or later on! We'll learn how to make different types of small, folded books. Fill these handmade books with poems, short stories, photos, collages and drawings to make keepsakes, greeting cards, gifts or zines ...or leave them blank for mini sketch books. Grab some sheets of paper and a pair of scissors and get ready for a fun and practical projects!

Materials: 8 1/2 x 11 sheets of paper (10 sheets), scissors, glue stick, string, yarn or thin ribbon, hole punch (optional), twig or stick (optional)

Television producing and knitting may seem like a strange career combination, but it turned out to be an ideal match for **Maxine Levinson** who has a dual degree in Studio Arts and Communications from Hunter College. Maxine was a television executive and producer for ABC Daytime for more than 25 years. She successfully integrated her TV skills when she became the knitting consultant for Mt. Sinai Hospital's Child Life Department as well as Supervising Producer of Mount Sinai's KidZoneTV. In addition to teaching with The Creative Center, Maxine has been teaching at the best yarn shop in New York, Knitty City, since the store opened 13 years ago.

Inseparable: Virtual Performance from The Memory Project

Webinar, Public Program

Friday November 12, 7:00 – 8:30pm

The Creative Center is thrilled to present the debut virtual performance of The Memory Project's *Inseparable*. *Inseparable* is their latest shadow theater work which explores our common humanity through the transformative stories of a number of extraordinary older New Yorkers who are making a difference. *Inseparable* will culminate in a series of public performances at theaters, community and senior centers and as well as virtually. Q&A session will follow the performance.

Spica Wobbe (Shu-yun Cheng) (*Training Institute graduate 2017*) is a puppetry artist originally from Taiwan. Her work has been seen in Taiwan, Hong Kong, Korea, Japan, Holland, Germany, Israel, Austria and the U.S. Now based in NYC, she works as a puppetry designer, performer and educator since she received her M.A. in Educational Theater from New York University in 2003. She established Double Image Theater Lab in 2011 to create cross-cultural productions that explore the world of the past and the present. Spica received the Exemplary Teaching Artist Award from New York University in 2014. She is a two-time recipient of a grant from the Jim Henson Foundation and is a 2015 Sandglass Theater New Vision Series Resident Artist. Spica was the featured artist in "Shadow, Light... Hide & Seek Exhibit" at WenShand Theater in Taipei in 2015 and "Heaven of Puppets Exhibit" at Taipei Puppet Museum in 2016. Spica attended the Creative Center Training Institute in 2015 and was also in the Lifetime Arts Creative Aging Mentorship Program in 2016. Spica co-created The Memory Project with Karen Oughtred (2016), storytelling through visual arts, theater and puppetry for culturally diverse senior centers. The project received LMCC SU-CASA and Creative Learning grants in 2017. You can learn more about her work at <http://www.doubleimagetheaterlab.com> and about "The Memory Project" at <https://www.facebook.com/thememoryproject.storytelling>

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annual festivals featuring over 100 indigenous artists from Australia, New Zealand, Samoa, Canada and the US. Karen's puppetry credits include: co-curator Voice4Vision International Puppetry Festival, (NY), The Dream Community: teaching artist, (Taipei, Taiwan), IsleWilde: teaching artist, (Vashon Island, WA), Bread and Puppet Theater: performer (NY, Glover, VT, Canada) and Chinese Theatre Works: performer (Virginia, NY), Mary Seidman & Dancers: puppetry construction (NY), collaborated with Spica Wobbe (9th International Toy Theater Festival, St. Ann's Warehouse, and Puppet Playlist, Tank). Karen is a graduate of New Actors Workshop (Mike Nichols, Paul Sills, George Morrison) and Antioch University.

Saving Older Artist's Legacies and What We Learn

Saturday, November 13, 2020 12:00 – 1:30pm

The Research Center for Arts and Culture at the Actor's Fund (formerly housed at Columbia University and at the National Center for Creative Aging) led by Joan Jeffri has conducted two landmark studies of older professional artists age 62+ published as *ABOVE GROUND* (professional visual artists in the NYC Metro area) and *STILL KICKING* (professional performing artists in the NYC and LA Metro Areas). This research has led to exciting action and has shown older artists as models for society. The presentation will give some of the seminal findings and show you how they can continue to be transformed into services and policy not only for older artists but for older adults who are not artists (yet!) www.creativeaging.org/rcac. Trainees will use many of the same interview questions presented when virtually visiting the homes and studios of visual artists this afternoon to understand more fully how the arts contribute to the quality of life no matter the state of health, wealth or circumstance.

Joan Jeffri is the Director/Founder of the Research Center for the Arts and Culture at The Actors Fund (<https://artsandcultureresearch.org>) where she has created *The PERFORMING ARTS LEGACY Project* to document the careers of older professionals in the performing arts (<https://performingartslegacy.org>). She is former director of the graduate program in Arts Administration at Columbia University and the creator of *ART CART: SAVING THE LEGACY*, an intergenerational project to help older artists document their work that grew out of research conducted on NYC visual artists, age 62+, called *Above Ground*. Joan is the author of *Still Kicking; Making Changes: Facilitating the Transition of Dancers to Post-Performance Careers* (with William Baumol and David Throsby), *Changing the Beat: A Study of the Worklife of Jazz Musicians* (NEA), also concerned with aging artists; *Respect for Art: Visual Arts Administration and Management in China and the United States* (with Yu Ding), *The Emerging Arts: Management, Survival and Growth*, and *Arts Money: Raising It, Saving It and Earning It, Information on Artists I, II, III, IV*. Editor: *Artist-Help: The Artist's Guide to Work-Related Human and Social Services*. Former Director, Arts Leadership Institute/Arts & Business Council. Former Executive Editor, *Journal of Arts Management and Law*; articles: *Arts & Health, Public, Poetics, International Journal of Cultural Policy, Journal of Arts Management & Law, American Demographics*. Joan was a member of the original national task force for artists' health care for the NEA; past Board Co-Chair, International Arts-Medicine

Association; Advisory Board, Cultural Policy and National Data Archive, Princeton University. She has taught/consulted nationally and internationally: Brazil, Canada, China, Hong Kong, Hungary, Israel, Japan, Portugal, Qatar, Russia. Education: Boston University, Bristol Old Vic Theatre School, Brooklyn College, Columbia University; honorary professor Shanghai Conservatory of Music, Scholar-in-Residence, American University, adjunct, Columbia University's Physicians and Surgeons. joanjeffri.com.

Older Artist Interviews and Studio Visits

Saturday, November 13, 2:45 – 4:00pm

Trainees will be divided into small groups and will be assigned to visit and interview (via Zoom) an older visual artist about their work and their lives with the lens on how their art practice contributes to their state of mind and their health. As a guideline to shape the interviews, we will distribute a list of potential interview questions based on Joan Jeffri's research. One trainee from each group will report back to the larger trainee, sharing "lessons learned".

Older Artist Bios

Gilda Pervin has been living and working on the Bowery since 1981. Born in Pennsylvania, she has degrees from the University of Pittsburgh and The Pennsylvania Academy of the Fine Arts in Philadelphia. Since moving to New York she has been awarded a New York State Council on the Arts Project Grant, a Penny McCall Foundation Grant, an Artists' Fellowship Grant in sculpture from the New York Foundation for the Arts, and a Pollock-Krasner Foundation Grant. Recently she was chosen by New York Art Cart cohort for the Saving The Legacy Project. Gilda presently teaches at Parsons, The New School for Design. <https://www.gildapervin.com/>

Katinka Mann is a sculptor, painter, living and working in New York City. She has been exhibiting abstract, geometry-inspired art in galleries and museums since 1965. After studying art at the Hartford Art School at the University of Hartford, CT, she began a serious and uninterrupted studio practice that continues more robustly than ever today. During the initial few years after her formal studies, she was making paintings and prints, and it was via printmaking that she made her first resolved artworks exploring geometric shapes. During the five decades since those initial printmaking experiments, she has been extremely focused on her work, uncovering new possibilities at the intersection of color, geometry, light and depth perception, and in the way they interplay between two and three dimensions over a wide variety of materials.

<http://www.katinkamann.com/>

Joan Mellon is an artist working abstractly in both two and three dimensions. Her work is represented in Franklin Furnace Archives, the Museum of Modern Art, Johnson & Johnson, New York Public Library Print Collection, School of Visual Arts, and private collections. Exhibition highlights include one person shows in NYC and group exhibitions in the U.S. and abroad. www.joanmellon.com

Kathy Anderson is a member of the Milliners Guild and a graduate of FIT, earning a degree Marketing and a certificate in millinery. She has worked for more than 25 years in the fashion industry in production, purchasing, textile, sportswear, lingerie, and swimwear. She has taken more than 15 millinery courses from many instructors, including Ann Albrizio who founded the FIT program and Nora Navarro. Kathy traveled to France in 2015 to take a course with famed British milliner Dillon Wallwork. All of her couture hand blocked and sewn hats are made in her studio in Manhattan. Kathy's hats have been featured in *Today Black Woman* magazine and are worn by Judith Jamison of Alvin Ailey fame. Her hats are available at The Hat Shop in Soho and Tribal Truth Collections in Brooklyn. Kathy is a member of Diaspora Art Mart which is a collection of artisans who come together every second Saturday of the month at the YWCA in downtown Brooklyn to sell their work. <http://www.millinersguild.org/kathy-anderson> <https://www.hatsbykat.com/>

Omi Gray is a multi-faceted teaching artist living in Harlem, New York. Creativity is part of her DNA! Teaching is her way of sharing the gratification that comes from being able to say, "I made it myself"! In her "Make it and Take it," workshops, Omi teaches how to use and experiment with various jewelry and textile techniques resulting in creations that are one of a kind. www.omigray.me

George Malave, a visual artist for over 50 years, has focused on Photography, Painting, Drawing and Graphics. Malave's work has been exhibited in museums and galleries throughout the United States, including: Museum of the City of New York, The International Center of Photography, New York Historical Society, Wave Hill Center for Environmental Studies, Corcoran Gallery of Art, Danforth Museum, Snite Museum, El Paso Museum and numerous others. For the past several years Malave has been creating limited edition publications of his work as a means of organizing and archiving his life's work. Past titles include: ART, MYTH & DREAMS, THE TOURIST, THE BRONX's THIRD AVENUE EL, CREATURES, ODE to the MOON, VARET STREET KIDS and The INVISIBLES. <https://www.georgemalave.com/about>

WEEK THREE

Lifetime Arts: The State of the Field

Monday, November 15, 2020 12:30 – 1:30pm

Building a strong and sustainable foundation for creative aging initiatives is imperative to shift the culture of what it means to grow old in this country. Creating a more positive vision of older adults who are not seen as burdensome and as problems to fix, but rather as valued contributors to our artistic and cultural landscape. A multi-level, cross sector collaborative approach must be behind the advancement of creative aging. Agencies in the arts, health, aging, veterans, parks and recreation sectors as well as public/private partnerships have the potential to collectively impact the quality of older adults' lives in America. Creative aging programming is providing a fertile field for these collaborations to grow and build a broad base of support for improving services and programs for this powerful and growing segment of the population. Lifetime Arts CEO and Co-Founder, Maura O'Malley will talk about the creative aging movement that is sweeping across all

sectors of the country, and discuss what this creative aging momentum means for New York's older adult community members.

Maura O'Malley, CEO/Co-founder, Lifetime Arts leads the development of Lifetime Arts' national programming models, training programs and resources for Creative Aging stakeholders including teaching artists, librarians and senior service professionals. With nearly 40 years' experience in arts management, including program design and implementation, arts education, development and community cultural work, she has informed policy and created innovative programming for adults and children with premiere arts and educational organizations including the NYC Department of Education, Studio in a School Association and Young Audiences/New York.

Founded in 2008, Lifetime Arts is a nonprofit arts service organization whose mission it is to: encourage creative aging by promoting the inclusion of professional arts programs in organizations that serve older adults; prepare artists to develop the creative capacity of older adult learners; and foster lifelong learning in and through the arts by increasing opportunities for participation in community-based programming. <https://www.lifetimearts.org/>

Roundtable Discussion

Wednesday, November 17, 2020 10:30-11:45

For this final roundtable, please come with reflections from past sessions, some unanswered questions and gnawing concerns. We'd appreciate if you could give us a heads up in advance so we can be prepared to help! Email info@thecreativecenter.org.

Museum Panel: Understanding Engagement and Access for Older Adult Populations

Wednesday, November 17, 2021 12:00 – 1:30pm

This survey of best practice creative aging and access programs provided in museum spaces will begin with short presentations of various programs before centering on our panel discussion about the intention and follow through of bringing in audiences of older adults, people living with illness and disability, and people living with memory loss and their caregivers into museum spaces. Panelists will also include information about developing, implementing and sustaining museum programs and how to reach the intended populations.

Panelists include Elizabeth Gronke, Folk Art Reflections at Museum of American Folk Art; Francesca Rosenberg, Director of Community, Access, and School Programs, Carolyn Halpin Healy, Arts& Minds; House of Memories, National Museums of Liverpool

Panel Moderated by Robin Glazer

Elizabeth Gronke (Training Institute 2015 graduate) is a registered Art Therapist who has been passionate about working with older adults in the field of dementia care for over 20 years. Through her business, Silverbright Circle, she has developed and provided specialized creative engagement to community centers, national non-profits, individual families and museum groups. For the past few years she has been hired by the American Folk Art Museum to expand their long-running Folk Art Reflections program for individuals with dementia and their caregivers, across the boroughs of New York City and to virtual audiences around the country.

Carolyn Halpin-Healy founded Arts & Minds in 2010, with neurologist James M. Noble MD, to provide museum-based experiences for people with dementia and their care partners. The organization responded to the COVID-19 pandemic by introducing Arts & Minds @home | Arts & Minds en Casa and by developing training programs online. Arts & Minds at The Studio Museum in Harlem was awarded the 2015 Rosalinde Gilbert Innovations in Alzheimer's Disease Caregiving Legacy Award, recognized specifically for valuing diversity.

House of Memories is a museum-led dementia awareness program which offers training, access to resources, and museum-based activities to enable carers to provide person-centered care for people living with dementia. Museums are experts at recording and caring for people's memories. Using their experience in reminiscence work, as well as access to museum objects, House of Memories' unique and innovative training and resources support carers to creatively share memories with the people living with dementia that they are caring for. The award-winning House of Memories dementia awareness program was created by National Museums Liverpool. National Museums Liverpool is committed to social inclusion, and believes that museums have the power to change lives. House of Memories is an innovative program of training, activities and resources that helps National Museums work towards being more inclusive.

Francesca Rosenberg, Director, Community, Access, and School Programs In her 27 years with the Museum of Modern Art, Ms. Rosenberg and her team have won national and international respect for MoMA's efforts to make the Museum accessible to all. Most recently, MoMA received awards from the Alzheimer's Association; American Association of Museums; Museums and the Web; and the Hearing Loss Association of America. Ms. Rosenberg is a founding member of the Museum Access Consortium and co-author of *Meet Me: Making Art Accessible to People with Dementia* and *Making Art Accessible to Blind and Visually Impaired Individuals*.

Best Practice Panel: Art Instruction in Senior Centers and Older Adult Programs

Webinar

Thursday, November 18, 3:00-4:30pm

Webinar Link: <https://us02web.zoom.us/j/87824506434>

Webinar ID: 878 2450 6434

This panel presentation and discussion will consist of several artists/art educators who work in a variety of facilities that serve older adults in senior programs. We will learn about the unique nature

of these sites, their mandates to bring art to the people they serve, the barriers to successful programming and the creative "work arounds" designed by the panel members to deliver the arts in the best possible way- both live and remotely. A special focus will be on New York City's Su Casa Initiative, funded through both NYC borough arts councils, the New York City Department of Cultural Affairs and the City Council, which pairs professional artists in many mediums with senior centers.

Panel moderated by Rosemarie Oakman

Artists: Carolyn Clark , Mei Kazuma, Jade Lam, Janis Lewin , Roy Secord ,

Rosemarie Oakman (Training Institute graduate 2019) is a Creative Aging Specialist and Artist-In-Residence with the Memory Maker Project and a past Training Institute Trainee. The Memory Maker Project is a New York-based organization whose mission is to spark creativity, community, and connection with elders. Rosemarie creates engaging arts and cultural content to be utilized by older adults and people living with dementia throughout New York's Southern Tier, through virtual instruction emphasizing individual choice. Rosemarie teaches poetry, visual art, and storytelling workshops over Zoom. Oakman currently serves as a board member on the Alzheimer's Association's Hudson Valley Young Professionals Alzheimer's Council. Rosemarie earned a Master's Degree in Nonprofit Management Program and a Graduate Certificate in Arts Management at the University of Oregon. Rosemarie's research concentrations are in Arts in Healthcare Management, Museum Outreach, and Creative Aging. From fall of 2017 to spring of 2020, Oakman served as the Arts in Healthcare Program Coordinator, working within the UO's School of Planning, Public Policy, and Management in partnership with the UO's Jordan Schnitzer Museum of Art planning and assisting in facilitating several of the University of Oregon's Arts in Healthcare initiatives.

Carolyn Clark (Training Institute graduate 2019) A native Texan, Carolyn Clark originally planned to be a famous French hornist. While not famous yet, she is still a French hornist, along with playing keyboards, teaching, writing for music textbooks, and administrating an orchestra and chamber music group in Staten Island. Her current teaching specialty is leading community choruses for older adults, for which she recently received an Excellence in Teaching Artistry award from Lifetime Arts. She owes her happy life to the music lessons her dad insisted on, and to her amazing husband Kevin, sons Chris and Kyle, and cat Spikey.

Mei Kazama is a multimedia artist and arts educator from New York City. They have exhibited their work in various spaces in the U.S. and Japan, and they have taught at public schools, cultural institutions, nonprofit organizations, and community centers. Their teaching centralizes and empowers those most vulnerable by bringing together art and critical thinking to develop long term self efficacy. Mei holds a B.A. in Studio Art with honors from Williams College.

<http://meikazama.com/>

Jade Lam is a New York-based Chinese brush painting artist trained in Hong Kong. She conducts Chinese brush painting classes and workshops at senior facilities, museums, libraries and other non-profit and private organizations. Jade was a SU-CASA artist from 2018 to 2021

Website: www.jadelam.net Instagram: @brushpaperink

Janis Lewin A documentary and fine art photographer, Janis Lewin has been teaching seniors through the efforts of The Creative Center, since 2017, following years of teaching adult classes in photography. Her goals are several: to bring the joys of creative practice to the often underserved and overlooked populations of older adults; to find the beauty in the everyday life, especially in this period of staying inside and often alone; becoming careful observers of the details all around us, and using the camera to create new visual documents of daily life. Using an art historical perspective, as well as the experience of years as a professional, Janis works to build the confidence and creative potential in each participant.

Roy Secord (Training Institute graduate 2020) is a NYC-based fine artist, as well as a national, public artist, Roy Secord primarily creates contemporary, large-scale artwork in a variety of mediums for the public sector. Possessing social mission, he is also an arts educator and social reformer through "the transformative vehicle of the arts". The populations he serves are general community and at-risk youth/young adults, the health impaired, and seniors. www.RoySecord.net

Implementing Virtual Arts Programs for Vulnerable Populations

Public Program

Friday, November 19, 7:00-8:30pm

In this collaborative presentation, Jodie Niss, a past Training Institute trainee and Creative Center staff member, Sophia Heinecke, will provide a step-by-step overview of the basic planning and intention needed to provide cohesive arts programs on virtual platforms (Zoom). Presenters will take the audience step by step through the development process of a need-based community arts program created intentionally for zoom or in-person with a focus on these aspects:

- Building connections in online spaces
- Registration for programs
- Time management with adult cohorts
- Creating culminating events
- Cataloging your work for future use

Jodie Niss (Training Institute graduate 2020) is a professional artist and art teacher living in Brooklyn, New York. Her studio practice involves a variety of painting and drawing techniques with a focus on figurative oil painting. Jodie started her own pay-what-you can Zoom-based art school called Jodie Niss Studio at the beginning of the pandemic. She also teaches at The Educational Alliance art school, both in-person and virtually, and teaches older adult art classes in a variety of settings. She received her MFA from Pratt Institute in 2008 and her BFA from Savannah College of Art and Design with a minor in printmaking in 2004. You can see her work at <https://jodieniss.weebly.com>

Sophia Heinecke is the Arts and Wellness Manager at The Creative Center at University Settlement

as well as a playwright and independent theater producer. She has four years of experience planning and implementing arts programs for people living with cancer and other chronic illnesses, in addition to large scale community events and collaborative arts partnerships.

<http://www.thecreativecenter.org/tcc/>

Opening Minds Through Art: Intergenerational Programming for People with Dementia

Saturday, November 20, 2020 12:00 – 1:30pm

Opening Minds Through Art (OMA) is a nationally acclaimed intergenerational art program for people with dementia founded by Dr. Elizabeth “Like” Lokon of Scripps Gerontology Center at Miami University in Ohio. The mission of OMA is to build bridges across age and cognitive barriers through art. Each week, university students go to various long-term care and adult day sites to facilitate the creative expression of elders with dementia, supporting the elders to be active agents in their own creative process. Volunteers work over time with the same elders and learn to value them for who they are now, with their cognitive impairments. In this presentation, Dr. Lokon will lead participants through an OMA activity, show the artwork created by the elders in the program, present the philosophy, methodology and research, and report interviews with clients who have adopted the OMA program.

Elizabeth (“Like”) Lokon, PhD As an artist, gerontologist and educator, Dr. Lokon uses visual arts to build intergenerational friendships. Since 2007, OMA has been replicated at over 160 sites in North America. Dr. Lokon frequently speaks on the intersection of the arts, dementia, and intergenerational service learning and has published in these areas. She has presented her work in North America, Europe and Asia. <https://scrippsoma.org/>

Past Trainee Shares

Monday November 22, 12:30-2pm

A panel of past trainees share the practical applications of their takeaways from past Training Institutes. Robust Q & A and step-by-step guidance for implementing projects models included. Past trainees will have submitted a proposal to speak for 2-3 minutes on how the gleanings from the past years trainings they attended have influenced and supported their current work in the field.

