

ART AT HOME String Painting

~ Mount Sinai Hospital Artist-In-Residence Sascha Mallon!



You Will Need:

A piece of yarn (about 15"inch long)

Sumi ink, liquid watercolors, or acrylic paint diluted with water

A big sheet of Paper

1. Pour your ink/paint/strongly brewed black tea into a cup. Cut your piece of yarn.



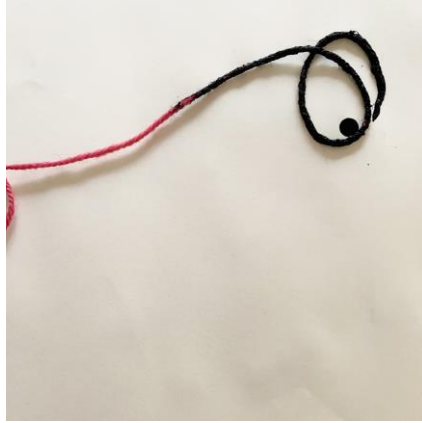
2. Dip your piece of yarn into your ink and keep one end of your string out of the ink by holding it.



3. Make sure your yarn is well saturated with the ink, or paint you use.



4. Put your string somewhere onto your paper and gently pull it over the paper



5. Start by pulling your string gently into one direction. You can stay parallel to the paper and hold your string pretty close to the surface or try to make marks differently.



6. Move it in different directions



7. Let your string dance over the paper.



8. Don't try to make anything in particular. Just relax, play, repeat....



9. If you want, you can add some color by adding shapes. Repeat lines or fill out spaces. There are no rules.





You also can cut out parts of your painting and glue them back together, or you can use your string painting to make a book cover.

And most importantly:

Have fun!