

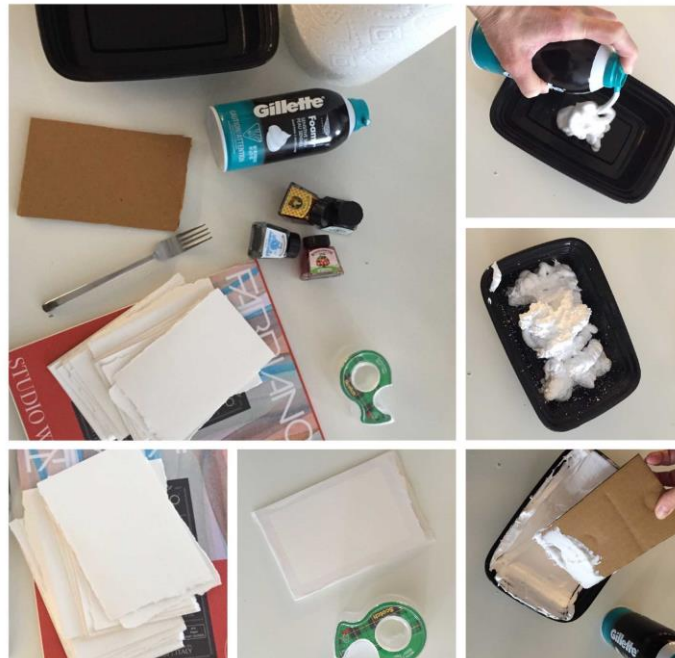
## ART AT HOME: *SHAVING FOAM PAPER MARBLING*

~ Helen Dennis, Creative Center Hospital Artist-In-Residence, Mount Sinai West

### Supplies

- Shaving foam
- Inks or food coloring
- Container (restaurant takeout container works well)
- Watercolor paper (or any thick absorbent paper)
- Scotch tape
- Toothpick or fork (toothpick is best, but a fork works too)
- Piece of cardboard with a straight edge
- Paper towels for clean-up

1. Cut or tear paper to a size that fits into the container. Place tape around the edge of the paper to make a border/frame. Fill the container with shaving foam, so you have a layer about one inch thick. Smooth the foam with the straight edge of the cardboard then wipe the card to keep it dry or it'll get soggy quickly!

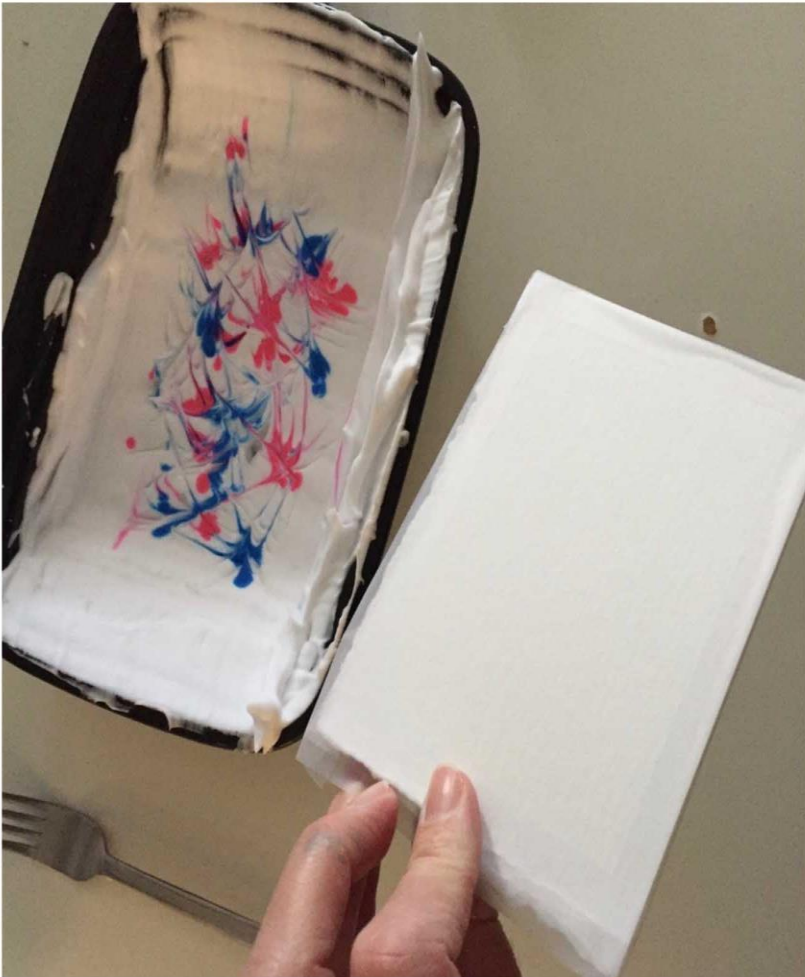


3. Using an eyedropper, a small paintbrush or a chopstick, drip small dots of ink or food coloring onto the shaving foam. Use the toothpick or fork to swirl the ink in the shaving foam (you'll need to continuously wipe off the toothpick/fork). Now, place the paper down (tape border side facing down) on the surface of the shaving foam, tap it down gently to make sure there are no air bubbles. Now wait.... about 2 minutes. Carefully, peel up the paper. Place on a flat surface with the foam facing up. Use the flat edge of the cardboard to swipe away the foam in one movement, using a little force down to make sure you get all of the foam in one go! Gently peel off the tape and let it dry for a few minutes.

With a toothpick:



With a fork:





4. You can keep reusing the shaving foam and try different colors until it is too saturated with colors. Experiment- and HAVE FUN!!!



