



ART AT HOME! **Papier Mache Bowl**

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Papier mache is an easy to make material that can be used to cover various surfaces. This project, a bowl, can be any size- tiny for holding keys, or as large as a fruit bowl. Find a bowl in your home to use as a 'mold'.

Materials needed:

- scissors
- tape...any kind
- newspaper or paper towels
- paint: tempera, acrylic or house paint
- brushes or sponge brushes
- plastic tarp or large garbage bag to cover the work surface
- white or clear glue (optional)
- measuring cup
- bowl
- fork or whisk
- flour or glue
- water
- salt

RECIPE: PAPIER MACHE PASTE from FLOUR

1 cup flour

1 cup warm water

1 TB salt

Mix well with a fork or whisk

-OR-

RECIPE: PAPIER MACHE PASTE from GLUE

Any white or clear glue will work. The result will be similar to the flour mixture. Glue and water results in a stronger project. 1 cup glue + 1/2 cup warm water + 1 teaspoon salt

Mix well with a fork or whisk

DIRECTIONS

1. Make the paste in a small bowl and set aside. Tear thin strips of newspaper or paper towels, following the grain of the paper. Keep the strips 1 inch or less wide and about 3 or 4 inches wide.



2. Prepare the bowl (mold). Turn the bowl upside down. Cover the entire surface with plastic wrap and securing the edges (on the inside of the bowl, with tape). Place the bowl (upside down): on a can or jar so the mold sits above the surface you are working on.



3. Dip one strip of paper at a time into the paste. Wipe off the excess with your fingertips. Place on the mold and smooth with fingertips. Repeat with a second layer. Let the project dry thoroughly overnight. Add another layer being sure the first 2 layers are completely dry.



4. Brush a layer of glue mixed with a few tablespoons of water inside the bowl to strengthen the paper mache. Let dry for several hours.

Time to decorate using acrylic, tempera or leftover house paint. Simple dots, stars, flowers look wonderful painted inside a bowl. You can also glue bits of colorful wrapping paper, party napkins or colored tissue paper to add color to the bowl to complete the look. Add a layer of diluted glue or ModPodge for a shiny glaze. What will YOUR bowl hold?

