



The Creative Center's Arts Workshop Program is free-of-charge for people living with or beyond cancer and other chronic illnesses as well as their caregivers. All workshops will be presented remotely through the Zoom platform and require that you register in advance. All class times are Eastern Time. We recommend that participants gather all supplies/materials in advance.

PLEASE NOTE: If you do not pre-register, there is no guarantee there will be space for you in class. If you register for a class and don't receive confirmation, please email [info@thecreativecenter.org](mailto:info@thecreativecenter.org).

We have both webinars and live classes on Zoom listed in the calendar. A standard Zoom meeting is fully interactive and allows all participants the ability to see, speak, hear, and screen-share with each other. A Zoom webinar is a view-only platform where the attendees cannot see each other, and the host and artists leading the webinar cannot see the attendees. Questions can be answered through the chat function on webinars.

Click any [blue underlined](#) text to be taken to the registration page for that class.

A suggested donation of \$25 per workshop is greatly appreciated. [Click here to donate directly.](#)

## ***Writing: The Moving Pen (September-December)***

### ***On-going Workshop***

Mondays starting September 13

No meeting Monday October 11

6:00-8:00pm

NOTE: This program is currently full but we are accepting waiting list registration. Participants must commit to writing each Monday to retain group membership.

This prompt-based creative writing workshop is designed to help you discover your voice, develop new material and be part of a community of other writers in a supportive environment led by writer Frank Haberle from the NY WRITERS COALITION, a community-based organization that provides

free creative writing workshops to New Yorkers, including the formerly voiceless and disenfranchised. <http://nywriterscoalition.org/>

Sign up for this writing class via email! Zoom instructions will be sent to you directly.

Contact: [info@thecreativecenter.org](mailto:info@thecreativecenter.org)

**FRANK HABERLE's** debut story collection, *Shufflers*, about minimum wage transients during the Reagan era, is forthcoming from Flexible Press. His stories have won awards from Pen Parentis (2011) and the Sustainable Arts Foundation (2013) and appeared in magazines including Stockholm Literary Review, Necessary Fiction, the Adirondack Review, Smokelong Quarterly, and the Baltimore Review.

## September

### On Your Mark Monoprinting

Webinar

Thursday

September 2<sup>nd</sup>

10:30am-11:30am

Registration: [https://us02web.zoom.us/webinar/register/WN\\_9VkWRBj4SpmU2V8wtA5thq](https://us02web.zoom.us/webinar/register/WN_9VkWRBj4SpmU2V8wtA5thq)

Webinar ID: 818 8404 1988

Get on your mark, get set, and let's monoprint! Monoprinting is the process of making a singular print using "mark-making". This is a great way to explore your imagination to play with color, textures, and to find new creative potential in the odds and ends around your house. This technique lets you be free to explore the artist within.

Would you believe aluminum foil, Saran Wrap, cardboard, plastic forks, bubble wrap, string, bottle caps, expired credit cards, hair combs, and string are just a few things found around your home that can be used to create your monoprint creations? We will be monoprinting on paper, but fabric can be used as well. Start thinking about items you can gather to start your monoprinting journey. You will be able to frame your prints, use them for collage, decoupage, and more!

**Materials:** No need to scramble if you don't have the following materials. The video will be available online for a few months after the live event!

- Acrylic paints (3 of your favorite colors and 1 metallic color is ideal)
- Paper (photocopy paper, deli paper, newsprint paper)
- Plexiglas sheet (8" x 10")- you can use the plastic from a picture frame
- Acetate Sleeve Protector
- Tape

- 2 pieces of Cardboard (8" x 10")
- Foam brush
- Paintbrush
- Paper towels for cleanup
- Sarah Wrap
- Rubber bands
- Aluminum foil
- Plastic bag
- Stencils (if you have any)
- Gelli plate (if you have one)
- Something to protect your work surface (old newspaper)

**OMI GRAY** is a multi-faceted teaching artist living in Harlem, New York. She inherited her passion for all things creative and her ever-present quest for new ideas to create from her Mother, Grandmother, and her Ancestors. Her Harlem Design Studio is where she teaches and creates. She lives within walking distance of Central Park and can sometimes be found in the park, collecting leaves & weaving in "Natures Art Studio."

## Six Hour Art Major

**Thursdays**

**September 2, 9, 16, 23**

**2:00-3:30pm**

Registration: <https://us02web.zoom.us/meeting/register/tZMod-mvpjMvHtTtvVc2q15TNCmlot9s9jvD>

Meeting ID: 875 0078 8540

There are art history books, and books on art appreciation. There are essays on creativity, scientific treatises on art and the human brain, and stories in the news about record-breaking sales. But not until now has anybody put everything you always wanted to know about art into one concise, readable, and, yes, entertaining read. *The Art of Looking at Art* examines its subject from every conceivable angle—the philosophical, the functional, and the financial. Discover what goes into making a painting, and what goes on in an artist's head. Explore an ancient cave at the tip of Africa where, for reasons unknown, our hunter-gatherer ancestors first carved geometric patterns into bits of rock, then pop in at New York's high-end auction houses, where fortunes are dropped at the raise of a paddle. Learn how to really look at art.

**Materials:** a few sheets of unlined copy paper, a pencil, a small box of crayons

**GENE WISNIEWSKI** received his art education at Rutgers University, the New York Academy of Art, The National Academy of Design, The New School, and L'École Albert Defois in Vihiers, France. He has exhibited in galleries nationwide, including New York, Los Angeles, and Chicago. He has twenty years' experience teaching and lecturing on visual art. His short stories have appeared in *Exquisite Corpse*, *Satellite* magazine, and other publications. His first full-length book, *The Art of Looking at Art* <https://rowman.com/ISBN/9781538133736/The-Art-of-Looking-at-Art>, was released October 2020 by Rowman and Littlefield publishers. He is currently working on screenplay adaptations based on two of his published short stories.

## **Mask Making with Found and Recycled Objects**

**Friday**

**September 3**

**12:30-1:30pm**

Registration: <https://us02web.zoom.us/meeting/register/tZAvC--oqD8sGNMGZ0XQUiYpDhXKTf0hCO0J>

Meeting ID: 842 4606 4627

Your Artful Mask can serve as a beautiful, decorative, representation of release and transformation of the past, acceptance of the new, hope for the future. Step-by-step instruction for constructing the Artful Mask will be provided during this workshop. Questions during the workshop are welcome and encouraged.

**Materials:** No purchases necessary, use objects found in the home and/or the recycling bin. For the base: cardboard (check your recycling bin for Amazon boxes, any size -- you decide how large your mask will be); cardboard milk or juice carton, empty cereal box turned inside out, or any rigid paper or carton; You can use your hands to tear, but scissors are recommended (or box cutter, blade, etc. – please use care). For attachments: craft glue (Elmer's or Mod Podge, for example) glue sticks, hot glue gun, tape, staples, wire, or string; For embellishments: yarn, ribbons, buttons, seashells, cardboard scraps, egg carton, construction paper, giftwrap, paper towel roll, plastic bag scraps, fabric scraps, toothpicks, twist ties, macaroni, dried beans, magazine cutouts, drinking straws, paper drinking cups For coloring: pens, coloring pencils, markers, paint, oil pastels, crayons

**WILHELMINA GRANT** is a self-taught visual artist and native New Yorker who uses found objects and mixed media, which she repurposes into assemblage art. As a Creative Center Hospital Artist-In-Residence she uses the arts to nurture the creativity of oncology patients, their families and staff in a healthcare setting. She also guides elder participants through arts projects at senior centers in Brooklyn, Washington Heights and the Upper East Side. Wilhelmina is the founder of SISTAAH, Inc. (Survivors Inspiring Sisters Through Art and Advocacy for Health), an arts-based non-profit organization which seeks to inform, encourage and facilitate access to early detection of breast cancer by connecting the medically underserved to free screening services. She has self-published her first book, *A Feeling of Fullness: Insights of a Divinely Guided Journey Beyond Breast Cancer* (2016, Xlibris Publishing Company) which chronicles her experience from the nearly-missed breast cancer diagnosis at age 37 through her present-day life as an artist/author/health awareness advocate. The book contains color photographs of visual art relating to the topic of early detection, advocacy and cancer survivorship.

## **Watercolor: Bold Brushstrokes**

**Tuesdays**

**September 7, 14, 21, 28**

**10:00am-12:00pm**

Registration: <https://us02web.zoom.us/meeting/register/tZEld02orzMjGNWw4RUxKx4TSI-GXmOPAzdk>

Meeting ID: 858 3401 8921

This class will have a different focus on facets of the foundational elements of watercolor. Each class will focus on:

**BOLD BRUSHSTROKES:** September 7- Using a large #10 or #12) round watercolor brush you'll practice painting fine delicate lines and thick expressive brush strokes. The class will paint a beautiful purple iris, graphic birds on a leafy stalk of bamboo, long delicate leaves done in a single stroke, magnolias on a branch, fish and more. We will also do a quick abstract using only black watercolor, inspired by Franz Kline.

**HYDRANGEAS & POPPIES:** Sept 14 - Painting hydrangeas uses several watercolor techniques. Each Mophead Hydrangea is made up of dozens of tiny blossoms clustered together. Each tiny petal has wet on wet color applied and then glazing comes in to layer another soft color. Blues, periwinkles, pale fuchsia and magenta will be lovely to mix and paint. A brightly colored Iceland Poppy with an interesting and challenging to paint centers will be a second illustration.

**ROOT VEGGIES:** September 21 - Most veggies are simple shapes, useful for practicing wet on wet, dry brush and other fundamentals of watercolor. We will focus on painting root vegetables: radishes, turnips, red onions, and beets. Demonstrations will show how to create a pleasing composition, Decorative hand done watercolor type will be added.

**CITRUS:** September 28 - We'll celebrate the beauty of the cross sections of citrus. Cross sections of limes, lemons, blood oranges, oranges and grapefruits will make a beautiful poster. We will also paint lemons in a composition or on a leafy branch.

**Materials needed (click each material to view on DickBlick.com):**

- [Size 4 Watercolor Brush](#)
- [Size 10 short-handle Watercolor Brush](#)
- [2 palettes for mixing colors](#) and small plastic yogurt cups
- [Dick Blick Liquid Watercolor](#) (minimum size, 4 oz) in Red, Blue, Yellow, Violet, and Black Fuschia (One bottle of liquid watercolor lasts Marika 5-6 months, painting EVERY SINGLE DAY!)
- Substitute: Paints can also be made with food coloring, or pan watercolors, though this is not ideal.
- [Paper: 140# cold press watercolor paper ...Strathmore series 3](#)

**MARIKA HAHN** is a Creative Center Hospital Artist-In-Residence at Bellevue Hospital's Cancer Center. When a patient tells Marika they are not creative, she asks them to give her a few minutes of their time. Once the brush is in their hand, color gets dropped onto a wet paper and flows and blends into other colors. Says Marika, "Patients are amazed. Everyone smiles!" Her own artwork is inspired by nature and wildlife even though NYC is her home. Exploring color, shapes and brush strokes with people who have never before held a paint brush inspires Marika to further her work. [marikahahn.com](http://marikahahn.com)

## ARTiculation: Talking About Art and Sharing Works-In-Progress

Wednesday

September 8

6:00-8:00pm

Registration: <https://us02web.zoom.us/meeting/register/tZEtcuuhqzoiGNZdPUAIGUwcxN8zqRhZcVI8>

Meeting ID: 850 5295 1822

We will contribute to each other's creative toolbox to find new methods to discuss the artistic process, as individuals and a creative community, by featuring three visual artists who sign up to share a work in progress. All attendees will be encouraged to contribute comments, ideas, and resources through verbal feedback and comments in the chat. The group will be facilitated by two professional artists who will prompt participants to discover how their own process can be inspired by viewing and discussing other's work in a comfortable and thought-provoking environment.

**LIZ RUBEL** is a Hospital Artist-In-Residence at The Creative Center in several hospitals, as well as a jewelry designer and production artist. She was born, raised, and is living in Queens, NYC. Liz is in her Capstone course and final semester at the CUNY School of Professional Studies, working towards an MA in Museum Studies. Liz has also taught multiple workshops in The Creative Center studio. She is passionate about accessible education in the museum, sensory experiences, and providing spaces for healing and expression. Liz does not come from a fine arts background and believes in the power of creativity in finding everyone's inner artist.

Second Facilitator TBA

## Arts and Appetizers

Thursday

September 9

4:00pm-5:00pm

Registration:

[https://us02web.zoom.us/meeting/register/tZ0sdu2hqTssHd2ejRf7quZ\\_4mEJvdfrHAoY](https://us02web.zoom.us/meeting/register/tZ0sdu2hqTssHd2ejRf7quZ_4mEJvdfrHAoY)

Meeting ID: 891 1497 0679

Do we all see artworks in the same way? How do we find meaning in works of art? Can that meaning change? How does our own life experience affect the way we view the world? Viewing and discussing works of art together, this class will engage participants in discovering how to look at art. A variety of activities that help provide differing perspectives will encourage us to think about our responses, assumptions, and our thinking. Come with us for an adventure in looking- and seeing!

**ALEXANDRA ANTOINE** is a visual artist, educator, and cultural apprentice. Recent works include her recent exhibition [Assotto's Child at the Altar](#), honoring her ancestry + culture through her work

and examining our society through "[Our Agreements](#)", Artist-in-resident at [Urban Growers Collective](#). <https://www.alexandraantoine.com/>

## **Book Talk: Love Too Can Spread**

**Friday**

**September 17**

**4:00-5:00pm**

Registration: [https://us02web.zoom.us/meeting/register/tZwpcuuupz0rGdK4TTqI2Dya\\_Ukni\\_e8qm9I](https://us02web.zoom.us/meeting/register/tZwpcuuupz0rGdK4TTqI2Dya_Ukni_e8qm9I)

Meeting ID: 884 5269 6136

Earlier this year, author and poet Ari Satok published his newest book *Love Too Can Spread: Poetry From the Midst of a Pandemic*. Capturing the strange and surreal times that the pandemic has brought with it, this poetry collection tells the stories of how we filled our days when nothing was as it had been before. With poems about everything from grocery shopping to grief to Grandma's never-ending challenges with Zoom, this collection brings together the serious and the light-hearted, meditating on the things that truly matter when so much else falls away.

In his talk, Ari shares poems and prose from his book and helps audiences reflect on gratitude, hope, loss, resilience, and all that we have endured in these unusual times.

He will lead a Q and A, and then will conclude with an optional writing exercise focused on the lessons we've been learning in the midst of this pandemic.

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**ARI SATOK** is the author of two books of poetry. His first book, *The Architects of Hope*, captures the stories of young adults from all around the world, whom he interviewed during a yearlong storytelling project he led traveling to schools on four different continents. His second book, *The Beautiful Chaos of Growing Up*, is a heartwarming reflection on the journey through college and into young adulthood. He has taught writing and storytelling workshops around the world and is deeply passionate about creating spaces for people to express their unique creativity.

## **Sewing: Create Your Own Sewing Kit**

**Friday**

**September 17, 24**

**11am-1pm**

Registration:

<https://us02web.zoom.us/join/zoom-join?meeting=88055573806&from=invitation>

Meeting ID: 880 5557 3806

Learn to sew and make something useful as you dive deep into a new and practical artform. Using basic felt fabric, participants will create an artistic and useful sewing kit to keep tools organized and hear about other simple fashion-forward projects from Creative Center Artist-In-Residence Glenys Rivas. This tool kit will keep your creativity flowing, and help to create new habits of mindfulness and organization for artists of all mediums and levels.

**Materials:** Registered participants will be sent a materials list for each class two weeks before the first session.

1. Basic Felt
2. Thread
3. Needles
4. Scissors

Lista de suministros: Casi todo lo que vamos a utilizar es de Michaels, pero si quieres puedes utilizar una tela gruesa que ya tengas en casa.

**Lista de Materiales:**

1. Fieltro básico (Basic Felt)
2. Hilo
3. Agujas
4. Tijeras

Kit de Costura: viernes, 17 y 24 de septiembre 11am – 1pm

Zoom: Id. de reunión:

Utilizando tela de fieltro básico, los participantes crearán un Costurero, como Diseñadora de Moda y una persona que ama coser y crear arte, siempre encuentro la necesidad de mantener mis herramientas organizadas: he decidido crear un costurero artístico y útil, y compartir esta idea con los estudiantes de The Creative Center, este costurero mantendrá su creatividad fluyendo, mientras que ayudará a mantener su área de artesanía organizada.

Materiales necesarios: A los participantes registrados se les enviará una lista de materiales para cada clase dos semanas antes de la primera sesión.

NOTA: ¡Esta clase se impartirá tanto en español como en inglés!

NOTE: This class will be taught in both Spanish and English!

**GLENYS RIVAS** was born in the Dominican Republic where she developed a fascination with arts, colors, design, and clothing styles at the age of 12. After graduating from New York Fashion Institute of Technology in 2001, she remained in New York City and has built a career as an Artist



and Fashion Designer. Glenys has worked for various large designing companies like Bill Blass and is currently a Creative Center Hospital Artist-In-Residence at Bronx Care Hospital. In November of 2012 she founded ModaDesign.com, a fashion design consulting service and virtual online store where you can find her designs creations.

Glenys Rivas nació en la República Dominicana, donde desarrolló una fascinación por las artes, los colores, el diseño y los estilos de ropa a la edad de 12 años. Después de graduarse del New York Fashion Institute of Technology en 2001, permaneció en la ciudad de Nueva York y ha construido una carrera como artista y diseñadora de moda. Glenys ha trabajado para varias grandes empresas de diseño como Bill Blass y actualmente es una Artista Residente del The Creative Center Hospital en Bronx Care Hospital. En noviembre de 2012 fundó ModaDesign.com, un servicio de consultoría de diseño de moda y tienda virtual online donde puedes encontrar sus creaciones de diseños.

## OCTOBER

### Poetic Pictorials

Wednesdays

October 6, 13, 20, 27

12:00-1:30pm

Registration: <https://us02web.zoom.us/meeting/register/tZYqdOyqrjpkHNBJHiewlKHbZwbsl-8tillz>

Meeting ID: 827 3520 2364

*Poetic Pictorials* is a virtual workshop where participants will be guided through the adventure of creating a piece of original art inspired by a favorite song or musical artist that draws out emotions, memories or experiences. Visual art and writing will be created in the first portion of this workshop. In response to the art that is created in the first half of the workshop, participants will be guided in the journey of creating poetry or song lyrics based on their artwork that they have created. Some options will be to create one long poem or a series of short of poems. The written piece and art will accompany each other or be able to stand individually own. The choice is yours!

**Materials:** Paper, pad or canvas board. Colored pencils, pens/pencils, eraser, markers, crayons, pastels, gouache, anything to write, draw and color with. Notebook or notepad/journal or anything that you can write words on pen or pencil whatever you choose to write with.

**D. CROSS** (Derick Cross) is a Brooklyn based multi-dimensional vocal and visual performance artist and arts educator. He creates imagery and vocal art that transcends and crosses boundaries of genres and labels. As an Arts Educator over the past two decades, Mr. Cross has shared his skills in visual arts in multiple mediums, poetry, and spoken word, raps and beatboxing to youth K-12. He has also conducted professional development workshops in these areas Organizations he works with include Arts Horizons, CUNY, Bergen PAC &, NJPAC. Mr. Cross was selected as a cultural

HipHop Ambassador for The US State Departments Next Level program 2017, serving as a Hip-hop Cultural Diplomat and arts educator. Derick Cross is a SVA (School of Visual Arts) graduate receiving a (Bachelors of Fine Arts degree in Illustration/Art Education).

## Drawing Portraits

**Fridays**

**October 8, 15, 22,29**

**12:00-1:30pm**

Registration: <https://us02web.zoom.us/meeting/register/tZlpcemurDgtHNCst2lazNUpwyBiD5NMc1SY>

Meeting ID: 864 6062 3764

In this class we will cover the basics of portrait drawing using dry materials such as pencil and charcoal. We will be working from the imagination as opposed to photos and will focus on understanding and translating the structure of the face as well as the trickier art of capturing expressions. All levels are welcome but we will begin at the beginning!

**Materials:** You can use anything, however, drawing paper, assorted drawing pencils and charcoals, a gray kneaded eraser and a blending tortillon are recommended.

LILA ELIAS is a multi-disciplinary artist with experience in portrait drawing, watercolor and acrylic painting, digital art and photo editing. She has worked as a makeup artist for film and print and a set painter for theater and, in addition, writes and performs for film and stage. Currently, she is working on multiple scripts and in the fashion world, connecting prospective students to design scholarship opportunities. Lilaeliasart.com

## ARTiculation: Talking About Art and Sharing Works-In-Progress

**Wednesday**

**October 13**

**6:00-8:00pm**

Registration: <https://us02web.zoom.us/meeting/register/tZUrduqgrD8qHNHXVy3HJaRzxfUIIKxs2ml>

Meeting ID: 816 1322 4065

We will contribute to each other's creative toolbox to find new methods to discuss the artistic process, as individuals and a creative community, by featuring three visual artists who sign up to share a work in progress. All attendees will be encouraged to contribute comments, ideas, and resources through verbal feedback and comments in the chat. The group will be facilitated by two professional artists who will prompt participants to discover how their own process can be inspired by viewing and discussing other's work in a comfortable and thought-provoking environment.

LIZ RUBEL is a Hospital Artist-In-Residence at The Creative Center in several hospitals, as well as a jewelry designer and production artist. She was born, raised, and is living in Queens, NYC. Liz is in her Capstone course and final semester at the CUNY School of Professional Studies, working towards an MA in Museum Studies. Liz has also taught multiple workshops in The Creative Center

studio. She is passionate about accessible education in the museum, sensory experiences, and providing spaces for healing and expression. Liz does not come from a fine arts background and believes in the power of creativity in finding everyone's inner artist.

**Second Facilitator TBA**

## Experimental Collage at Home

Thursdays

October 14, 21

12:00-2:00pm

Registration: <https://us02web.zoom.us/meeting/register/tZckc0CoqT8sEtTIGwW4p1uFBkmcgXHrFLKA>

Meeting ID: 839 7907 4680

Find joy as you experiment with new techniques, materials and more to make innovative collages. We will discover inspiring resources as we look to other historic artists for inspiration. Instructor Cheryl Paswater will demonstrate ways to design, mount and present your artwork in this workshop designed for all levels of experience.

**Materials:** In this class, we welcome using whatever supplies are available.

**CHERYL PASWATER** holds her Master of Fine Arts in Painting and Masters in Art History from the Pratt Institute. Her work is largely comprised of paintings, prints, works on paper, as well as works in book making, sculpture, projections, and installation art. Her work has been exhibited at various galleries including the Pratt Institute, Artists Space, Cannonball Press, St. Josephs College, the Harrison Center for the Arts, IPCNY, Nurture Art, The Painting Center, and the Indianapolis Museum of Contemporary Art. As well having worked on collaborations with Loteria and having installations in Upstate New York and Brooklyn, NY. Cheryl has also been an Artist in Residence at a variety of residencies; Vermont Studio Center, Chashama Studio Residency in New York, the Cooper Union, Women's Studio Workshop, and has been in various publications including Studio Visit Magazine & Whitefish Review.

## Color Talk

Webinar

Tuesday

October 19

11:00am-12:00pm

Registration: [https://us02web.zoom.us/webinar/register/WN\\_mFBtmlcbTfG\\_hUPsCT\\_NXA](https://us02web.zoom.us/webinar/register/WN_mFBtmlcbTfG_hUPsCT_NXA)

Meeting ID: 816 6823 4817

Everyone has a color that makes them smile. Let's dive joyfully into the world of color. There will be an overview of colors and their emotional effect on the psyche. Easy-to-understand color wheels and terms would help you to understand how various hues work together (*Sir Isaac Newton's Influence on the Color Wheel in the mid-1600s will be just mentioned*). Whether you are drawn to a painterly palette of flamboyant hues or a paint box of soft pastels, your relationship with color comes from your heart. It is instinctive, emotional and spontaneous. Simply put, color makes your world go round. In this class we'll do a hands-on painting project celebrating your favorite colors. Take a color leap. Color is the most powerful option you have when it comes to create your art. Let's boost your color confidence. You'll be glad you did. This class will make it easy.

**MARINA FORBES** is a lecturer, historian, Master Iconographer and award-winning artist who has lectured extensively on Russian traditional arts, history and the rich tapestry of Russian culture. She is licensed with the Hermitage Museum in St. Petersburg, and is featured on the New Hampshire Humanities Council Roster as a speaker on Russian Arts, History and Culture as well as NH Council on the Arts Rosters for Arts in Education and Traditional Arts. Each year, Marina leads cultural tours to Russia where she regularly updates her scholarship, gathering photos and documents, visiting craft factories, GULAG sites and monasteries, and interviewing journalists, political figures and scholars on the current state of affairs in Russia. Marina has a distinctive ability to generate energy and enthusiasm in the audience and to bring the rich fabric of traditional Russian art and folklore.

## Spoken Word Poetry for Performance

Tuesday

October 26

1:00-3:00pm EST

Meeting link: <https://us02web.zoom.us/j/83788783199>

Meeting ID: 837 8878 3199

Many people think that spoken word poetry is only political or strident when, in fact, the subject matter can be anything you choose. It might be funny, sad, autobiographical, or fictional. The important thing is the ring of a fundamental truth, something to which your audience can connect. In this class, we will practice the use of techniques that lend themselves to being recited aloud. Come prepared to dig deep and have fun while you're doing it. Bring a poem you've already written (if you want to workshop a short poem together, submit it before the class) or be ready to write one. Join us as we look at some of the most effective methods for bringing your poem to life, from the page onto the stage.

**Materials:** Please have a poem prepared that you want to workshop. It doesn't have to be complete, but something you feel excited to work on. Please email any questions and your chosen work to [info@thecreativecenter.org](mailto:info@thecreativecenter.org).

**LISA MARIE SIMMONS** is a singer/songwriter, essayist, & published poet. Her music (Hippie Tendencies and NoteSpeak) can be found online on Spotify, Apple Music etc. The American debut of NoteSpeak was at the Zee Jaipur Literature Festival in Boulder Co. in September, 2017. On the strength of that performance, she was invited to be a speaker and performer at the 70th Conference on World Affairs at the University of Colorado, in April 2018. In November 2019 she presented NoteSpeak in Italy, Austria, and Prague. In January 2020 she presented NoteSpeak in India at the Jaipur Music Stage. Lisa has just been signed to the American Grammy award-winning label Ropeadope Records who released her poetic/musical album NoteSpeak in March 2020 receiving a four-star review from the iconic Downbeat magazine.

## NOVEMBER

### Collage and Photomontage

Wednesdays

November 3, 10

2:00-3:30pm

Registration: <https://us02web.zoom.us/meeting/register/tZEsd-yrrDssHt0VgtMDjxxA9CeMBD9V30py>

Meeting ID: 851 0532 0640

Create unique images by combining paper, fabric, photographs, string, found objects, tape, glue, paint, crayon, or whatever you have on hand. This workshop is not so much an instructional class as it is a fun, supportive space to explore and experiment, within specific exercises and prompts. The objective is for each attendee to discover their own voice as they work spontaneously and intuitively, using shape, composition, color and texture. There will be opportunities for all to “show and tell” – share what materials they’ve collected to work with, hold up their results, comment and ask questions.

No previous experience required.

#### Materials:

Whatever you have around the house will be fine.

- Paper bags, catalogs, magazines, tape, ribbon, string, fabric, cardboard, cards, postage stamps, wrapping paper...
- Glue sticks, school glue, tape or other adhesives.
- Paper bags, cardboard, card stock, paper, fabric, or envelopes for the background.
- Scissors, Xacto knife, or you can tear by hand.
- Cardboard or a mat as a surface for cutting and/or to work on.
- Pens, pencils, paints, markers if you want to add to the collage (optional)
- Sense of fun!

**SUSAN OLINSKY** is an artist, designer, and visual idea enthusiast. A graduate of Parsons School of Design, Susan has created illustrations for editorial and advertising markets, and for children’s

publishing. Prior to opening her own design studio in 2013, she worked as a creative director at John Wiley & Sons, overseeing publishing and branding projects. Most recently, during these pandemic times, Susan has been offering online creative workshops as a way to engage in “purposeful play,” and to connect with others – artists and non-artists alike – who are drawn to do the same.

## **Mini Sculptures: Wearable Art, Ornaments and Holiday Gifts with Sculpey**

**Friday**

**November 5**

**11:00am-1:00pm**

Registration: [https://us02web.zoom.us/meeting/register/tZcpdeisrT4pH9XssHsqCJGd2A0jtZRCzzlY](https://us02web.zoom.us/join/https://us02web.zoom.us/meeting/register/tZcpdeisrT4pH9XssHsqCJGd2A0jtZRCzzlY)

Meeting ID: 834 2143 5351

This virtual workshop will explore how to create miniature sculptures and ornaments made from Sculpey clay. This workshop will show you from start to end how you can create these miniature sculptures. Objects created will range from miniature mask to miniature figurines. These objects will make great gifts

### **Materials:**

- Participants will need polymer clay (suggested brands Sculpey/ (premo) / or Fimo ) (note) light air dry clay can be used as well as a substitute
- Aluminum foil
- Paper clips, findings. earring backs, pins etc.
- toothpicks
- paper and pencil (to sketch ideas) anything that they can draw with
- Instructions for cooking or curing projects will be given during the virtual class.

**D. CROSS** (Derick Cross) is a Brooklyn based multi-dimensional vocal and visual performance artist and arts educator. He creates imagery and vocal art that transcends and crosses boundaries of genres and labels. As an Arts Educator over the past two decades As a Teaching Artist, Mr. Cross had shared his skills of visual arts in multiple mediums, poetry, and spoken word, raps and beatboxing to youth K-12. He has also conducted professional development workshops in these areas Organizations he works with include Arts Horizons, CUNY , Bergen PAC &, NJPAC. Mr. Cross was selected as a cultural HipHop Ambassador for The US State Departments Next Level program 2017 serving as a Hip-hop Cultural Diplomat and Arts educator. Derick Cross is a SVA (School of Visual Arts) graduate receiving a (Bachelor of Fine Arts degree in Illustration/Art Education).

## **Life Writing**

**Fridays**

**November 5, 12, 19, December 3, 10, 17**

12:00pm-2:00pm

Registration: <https://us02web.zoom.us/meeting/register/tZAscempqjluGtEm6-JLaDZ819IczNDjyUGy>

Meeting ID: 841 6014 9405

In this course, we'll focus each week on a different theme, central to our lived experience of the world (themes will include gratitude, adversity, happiness, and courage).

Instructor Ari Satok will start each class by bringing in assorted artistic reflections on that theme (quotes, cartoons, songs, photographs, paintings) to spark discussion among the group. The discussion will be followed by a short writing lesson, after which participants will be assigned a prompt to write on, focused on personal experiences. Participants will write on the prompt, and each class will conclude with participants sharing their writing. Through this workshop, participants will not only have the opportunity to write about their lives, but also to forge community with others on the basis of personal storytelling.

**ARI SATOK** is the author of two books of poetry. His first book, *The Architects of Hope*, captures the stories of young adults from all around the world, whom he interviewed during a yearlong storytelling project he led traveling to schools on four different continents. His second book, *The Beautiful Chaos of Growing Up*, is a heartwarming reflection on the journey through college and into young adulthood. He has taught writing and storytelling workshops around the world and is deeply passionate about creating spaces for people to express their unique creativity.

## Botanical Printing

Webinar

Friday

November 12

10:00am-11:00am

Webinar

registration: [https://us02web.zoom.us/webinar/register/WN\\_S37w48zPQBar7EpJKMww1Q](https://us02web.zoom.us/webinar/register/WN_S37w48zPQBar7EpJKMww1Q)

Webinar ID: 814 1139 2502

This time of the year when leaves are falling, nature is inviting you to pick and choose what you use to make fabulous botanical prints! We invite you to look and listen with artist Omi Gray to find the easiest at-home methods for botanical printings and rubbings on fabric, paper and more. This webinar will not include an art making activity, but a full supply list will be sent to each registrant.

**OMI GRAY** is a multi-faceted teaching artist living in Harlem, New York. She inherited her passion for all things creative and her ever-present quest for new ideas to create from her Mother, Grandmother, and her Ancestors. Her Harlem Design Studio is where she teaches and creates. She lives within walking distance of Central Park and can sometimes be found in the park, collecting leaves & weaving in "Natures Art Studio."

## Arts and Appetizers

Thursday

November 9

4:00pm-5:00pm

Registration: <https://us02web.zoom.us/meeting/register/tZYtfuChrDgjGtZGPnidclgbyANhzmVHTFcc>

Meeting ID: 820 9992 3902

Do we all see artworks in the same way? How do we find meaning in works of art? Can that meaning change? How does our own life experience affect the way we view the world? Viewing and discussing works of art together, this class will engage participants in discovering how to look at art. A variety of activities that help provide differing perspectives will encourage us to think about our responses, assumptions, and our thinking. Come with us for an adventure in looking- and seeing!

**JOSELYN GARCIA** was connected to The Creative Center through her work at The Frick Collection and is an art history and classical studies major with a minor in theatre. She is a Bluhm and Athena Honor scholar in addition to being a Mellon Mays fellow. Joselyn has won the Latin Excelsior Prize and is a member of Eta Sigma Phi. Joselyn does research exploring classical reception in the Italian Renaissance. She hopes to further understand why classics has survived as long as it has and how its iconography has managed to remain as prevalent as it is. She is currently conducting research on how Cosimo II Vecchio used classical imagery and thought to rise to power in Florence and establish a dynasty

## ARTiculation: Talking About Art and Sharing Works-In-Progress

Wednesday

November 10

6:00-8:00pm

Registration: [https://us02web.zoom.us/meeting/register/tZMoc0iprz4uHt0elkA-6\\_lj9oDVKeM\\_c\\_4r](https://us02web.zoom.us/meeting/register/tZMoc0iprz4uHt0elkA-6_lj9oDVKeM_c_4r)

Meeting ID: 875 7111 5447

We will contribute to each other's creative toolbox to find new methods to discuss the artistic process, as individuals and a creative community, by featuring three visual artists who sign up to share a work in progress. All attendees will be encouraged to contribute comments, ideas, and resources through verbal feedback and comments in the chat. The group will be facilitated by two professional artists who will prompt participants to discover how their own process can be inspired by viewing and discussing other's work in a comfortable and thought-provoking environment.

**LIZ RUBEL** is a Hospital Artist-In-Residence at The Creative Center in several hospitals, as well as a jewelry designer and production artist. She was born, raised, and is living in Queens, NYC. Liz is in her Capstone course and final semester at the CUNY School of Professional Studies, working



towards an MA in Museum Studies. Liz has also taught multiple workshops in The Creative Center studio. She is passionate about accessible education in the museum, sensory experiences, and providing spaces for healing and expression. Liz does not come from a fine arts background and believes in the power of creativity in finding everyone's inner artist.

**Second Facilitator TBA**

## **Bookmaking: 8 1/2 x 11" Jiffy Books**

**Webinar** (also a public program of The Creative Center's Training Institute for Artists and Administrators in Arts in Healthcare and Creative Aging)

**Tuesday**

**November 16**

**11:00am-12:30pm**

Webinar registration: [https://us02web.zoom.us/webinar/register/WN\\_GaLOG6XnR1C6MA-NbytCjg](https://us02web.zoom.us/webinar/register/WN_GaLOG6XnR1C6MA-NbytCjg)

Meeting ID: 847 8259 5065

In this workshop, you will learn how to make several different types of small, folded books using only 8 1/2 x 11 pieces of paper. Be inspired to fill them with poems, short stories, photos, collages and drawings to make keepsakes, greeting cards, gifts or zines ...or leave them blank for mini sketch books. Grab some sheets of paper and a pair of scissors and get ready for a fun and practical project!

**Materials:** 8 1/2 x 11 sheets of paper (10 sheets), scissors, glue stick, String, yarn or thin ribbon, hole punch (optional), twig or stick (optional)

Television producing and knitting may seem like a strange career combination, but it turned out to be an ideal match to **MAXINE LEVINSON** who has a dual degree in Studio Arts and Communications from Hunter College. Maxine was a television executive and producer for ABC Daytime for more than 25 years. She successfully integrated her skills when she became the knitting consultant for Mt. Sinai Hospital's Child Life Department as well as Supervising Producer of Mt. Sinai's KidZoneTV. In addition to teaching with The Creative Center, Maxine has been teaching at the best yarn shop in New York, Knitty City, since the store opened 13 years ago.

## **DECEMBER**

# Drawing Together with the Frick Collection

Wednesday

December 1

2:00-3:30pm

Registration: <https://us02web.zoom.us/meeting/register/tZ0odeitpz4tEtMBFTKzTU7WrztkwuprkE2x>

Meeting ID: 895 2159 5787

In this very special session for The Creative Center exclusively, join Frick educator Isabelle Fernandez for a new online drawing program that centers mindfulness and community. Focusing on the historic work, Purification of the Temple by El Greco, from the collection, we will begin with short drawing warm-ups, followed by a close look at the painting for inspiration and open-ended art-making prompts. Drawing Together provides a space to make and share in the company of others, welcoming everyone with an interest in cultivating their creativity. No art background is required.

**Materials:** Bring your preferred art materials -- pastels, watercolors, charcoals, etc.-- We recommend pencil and two sheets of paper.

**ISABELLE FERNANDEZ** is a project-based artist from Brooklyn, New York. Most recently, she has been working collaboratively to make books, ceramics, and handmade paper. She received her B.F.A in studio art from Hunter College in 2020 and is currently an educator at The Frick Collection. She has led gallery talks, school visits, and studio programs since serving as the inaugural Hunter Mellon Arts Fellow in 2018.

**The Frick Collection** is an art museum with a collection of more than 1,400 works of art—dating from the thirteenth to the nineteenth century—displayed in the intimate surroundings of the former home of Henry Clay Frick. The residence, with its furnishings and works of art, has been open to the public since 1935. The Frick Art Reference Library is an internationally recognized research library that serves as one of the world's leading resources for the study of Western art. The Frick Collection will reopen to the public in early 2021 in the Marcel Breuer–designed building at 945 Madison Avenue, formerly home to the Whitney Museum of American Art and most recently The Met Breuer. The temporary location, called Frick Madison, will house the Frick's collections, programs, and staff during the renovation and expansion of its historic buildings at 1 East 70th Street.

## Watercolor

Wednesdays

December 1, 8, 15, 22

11:00am-12:15pm

Meeting registration: <https://us02web.zoom.us/meeting/register/tZEkcuvrziG9UybdmWnL4i8xtLjSPPdA5>

Meeting ID: 859 5671 9911

Join Creative Center workshop artist Jodie Niss for a month of dedicated workshops where we will explore and practice watercolor techniques. In each of our four-session together we will be introduced to the following topics and techniques:

Class 1. Get ready for experiments in abstraction and playing with paint while learning value, soft edge, hard edge, lifting, wet on dry, wet on wet, and puddling.

Class 2. Apply your knowledge from the previous classes to painting a sky and mountains by blotting paint for clouds, layering paint and discussing shading and tinting in the process

Class 3. We will focus on the color wheel and mixing paint and deepening our knowledge of mixing, and color theory. We will use this knowledge to make the colors to paint plants.

Class 4. Our culminating class will focus on painting fruit.

**JODIE NISS** is a working artist and art teacher living in Brooklyn, New York. Her studio practice involves a variety of painting and drawing techniques with a focus on figurative oil painting. Jodie started her own pay-what-you can zoom art school called Jodie Niss Studio at the beginning of the pandemic. She also teaches at The Educational Alliance art school in person and virtually, and teaches older adult art classes with NORK, UJC Adult Luncheon, Vision Urbana, and Weinberg in person and virtually. She received her MFA from Pratt Institute in 2008 and her BFA from Savannah College of Art and Design with a minor in printmaking in 2004. You can see her work at <https://jodieniss.weebly.com>

## Paint or Draw What's In Your Kitchen

Wednesdays

December 1, 8, 15, 22

5:00pm-7:00pm

Registration link:

<https://us02web.zoom.us/meeting/register/tZ0vd0ispjgsEtFhHnT4qP2vXwgJuJBp4FFi>

Meeting number: 892 3148 3685

This workshop will focus on using the items in your kitchen to create compelling still-life compositions using the medium(s) of your choice. Spices, fruits and vegetables, cereal boxes, pots and pans... all can be used. You can choose to do quicker studies or work on a composition that may take longer.

### Materials:

**For Drawing:** Drawing Paper, Charcoal or #2 pencils, eraser

**For Painting:** stretched canvas or canvas boards (various sizes; 12" x 16", 16" x 20", 18" x 24") or watercolor paper, paintbrushes, paints (acrylic, oil, or watercolor, note: Oil paint must be used in a well ventilated area. Do not use indoors without high quality ventilation), paper towels

**VICTOR HONIGSFELD's** current painting practice includes imagery based on the figure and portrait. Previous work from Vic has included a focus on imagery of ships and the vastness of the ocean, an homage to his years spent at sea as a merchant marine. Vic was born and bred in New York City. He has an MFA in painting and drawing from Queens College (2015) and studied at the Art Students League, NYC, and at the Ted Jacobs Ecole Albert DeFois in France. He currently lives, works and paints in Manhattan.

## **COLOR: Basics and Beyond**

**Thursdays**

**December 2, 9**

**11:00am-12:30pm**

Registration:

<https://us02web.zoom.us/meeting/register/tZlqfuiurj4uGdxFSmVMt0hb4KkyYqftkeX2>

Meeting ID: 867 9160 5438

"I never met a color I didn't like." – Dale Chihuly, glass sculptor (b. 1941)

"You put down one color and it calls for an answer. You have to look at it like a melody." – Romare Bearden, American artist (1911-1988)

What effect can learning about color have on what you want to create whether working with paint, paper, fibers, or any other material? What are primary, secondary, and tertiary colors; warm and cool colors; analogous and complimentary colors; local and non-local colors? Is a color affected by its size, shape, or another color it is close to? In this workshop, through discussion and hands-on exercises, we will begin to explore these questions. The materials you use are up to you. If you have specific questions about color, please submit them to The Creative Center before the first class.

**Materials:** Use materials you have at hand. Whichever material you plan to work with—paint, paper (collage), fibers, yarn, or something else—make sure you have enough of that material in the following colors: red, orange, yellow, green, blue, purple (include a variety of each color such as: lemon yellow, naples yellow, and yellow ochre.) If you plan on working with paint or paper, make sure you have at least 5-7 pieces of paper or canvas to work on, nothing smaller than 9 x 12 inches.

**JOAN MELLON** is an artist working abstractly in two and three dimensions. Her work is in public and private collections. During this time when much of our life has shifted to an electronic reality, Joan's work has been seen in online exhibitions at Equity Gallery and Carter Burden Gallery. She has taught many workshops at The Creative Center and is looking forward to seeing you all on Zoom. [www.joanmellon.com](http://www.joanmellon.com)

## Arts and Appetizers

Thursday

December 2

4:00pm-5:00pm

Registration: <https://us02web.zoom.us/meeting/register/tZlufuitqT8tHdQl4YP34RkkuKar02nNpyX0>

Meeting ID: 863 9157 4770

Do we all see artworks in the same way? How do we find meaning in works of art? Can that meaning change? How does our own life experience affect the way we view the world? Viewing and discussing works of art together, this class will engage participants in discovering how to look at art. A variety of activities that help provide differing perspectives will encourage us to think about our responses, assumptions, and our thinking. Come with us for an adventure in looking- and seeing!

**NANCY RICHNER**, former director of the Hofstra University Museum of Art, spent her career in art museums and particularly in art museum education. She previously worked at the Museum of Modern Art and the Nassau County Museum of Art while serving on a variety of national and local organization boards. She has received several honors including being recognized as Museum Educator of the Year for the northeast region by the National Art Educators' Association. Ms. Richner's work has focused on advancing the transformational role of the visual arts, particularly in their ability to develop visual literacy skills, engage people in civic dialogue, and create partnerships among individuals and groups.

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Thursday

December 9

6:00-8:00pm

Registration: <https://us02web.zoom.us/meeting/register/tZlpf-yurjwG9WdMulG5o-BRZXs3Rq5SIUQ>

Meeting ID: 864 8560 7711

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**Second Facilitator TBA**

## Paper Bead Pendants

Webinar

Friday

December 10

10:30am-11:30am

Registration: [https://us02web.zoom.us/webinar/register/WN\\_owbWn31pR1uDf4Tt4Ju\\_kA](https://us02web.zoom.us/webinar/register/WN_owbWn31pR1uDf4Tt4Ju_kA)

Webinar ID: 890 7456 9625

Create the perfect lightweight Pendant and find new beauty in one of our most common art materials: paper! Learn how to create handmade beads and design a simple bracelet. We recommend you watch this webinar all the way through and then try to do the project independently reviewing the class recording on our Youtube channel as needed.

### Supply List

- Scrap of card
- Scissors
- Scrap Book Paper, heavy gift wrap or maps \*note: not shiny fashion magazine paper
- Pencil
- Toothpick
- Mod Podge
- Narrow cord or ribbon
- Bead template #1 printed out

For the past decade, **BARBARA POLINSKY** has been the owner, designer and creator of Barbara Michelle Jacobs Jewelry, a collection of wedding and engagement rings, and everyday jewelry in 18K gold. Much of the original collection was created by making molds of Central Park tree branches and manipulating the castings into jewelry which now ships all over the

world. Barbara also works part time for The Creative Center as an artist-in-residence doing art with patients at Mount Sinai West Oncology. She lives in Manhattan with her husband, 2 grown children who come and go and a very loyal rescue poodle mix.

## Inspirational Voices

Tuesdays

December 7, 14, 21

3:00-5:00pm

Registration:

<https://us02web.zoom.us/meeting/register/tZlscumvrDopGNdiTShiGrpVWLRV3cG3-XfD>

Meeting number: 861 5072 1323

Whether we're 5, 15 or 55 there is someone who's made a difference in our lives, inspired us. It can be a neighbor, relative, teacher, friend even someone we've worked with. In this class all attendees will create monologues representing someone they admire and has supported or changed their life. We will create the monologues through key questions and present their monologues in costume with props (if needed), answering questions as the character.

**NAIMAH HASSAN** is a trained mindfulness meditation teacher for over 20 years who has facilitated workshops for teachers and students and leads retreats in New York City. She is a licensed theater teacher, artist, director, improv and audition prep coach and has taught in the NYC school system for over 20 years in elementary and middle schools. Naimah contributed to the NYC DOE'S Curriculum Blueprint for Teaching and Learning in Theater. Through FRANKLIN FURNACE, Naimah provides the Theater Games workshops and Life Storytelling with Naimah Hassan that explores movement, voice, text, and performance through acting, mimicry, pantomime, mindfulness, and theatre. Naimah is part of the comedy team Epstein and Hassan which performs regularly in NYC, across the US and Europe.

## Turn of a Word: Creative Calligraphy

Tuesdays

December 7, 14, 21

11:00am-12:30pm

Registration:

<https://us02web.zoom.us/meeting/register/tZUpc0qvpjwpHtFHNpNNEe5BGa0qyWcYcoAK>

Meeting ID: 814 7378 7345

In this three-session class, we will find comfort exploring a new skill or idea; to connect with others through creative exploration. These sessions will focus on the topic of letters of the alphabet, allowing them to vary greatly while still being legible to acknowledge and allow human diversity, possibility and acceptance to be present in the work of handwriting.

1. WRITING RIGHT

It's amazing how much a letter can vary and still be recognized as that letter. Learn the language and variables in the art of letter forms and design your own alphabet. Materials needed: paper and pen. *Optional:* Elegant Writer calligraphy pen by Speedball and Hahnemuhle Hand Lettering paper.

2. CUTTING THE CORNERS

Using papercut techniques, we'll learn some tricky shortcuts for cutting letters from paper. We'll start with traditional block letters and then cut loose. Materials needed: paper, scissors, glue stick. *Optional:* paper with a hand colored or textured surface, such as watercolor wash, on thin to medium weight paper.

3. READ BETWEEN THE LINES

We'll explore the relationship between letters of the alphabet and imagery. We'll draw our own distinctive mark, inspired by decorated letters through the centuries. Materials needed: paper, pencil and pen. *Optional:* other art media of your choice: paint such as gouache or acrylic gouache with brushes, colored pencils, gel pens, or markers; Bristol paper or other high quality smooth surface paper.

**WYNN YARROW** is a visual artist and community educator. A connection to the land and a love of pattern and color are the threads that bind her work in handmade books, landscape painting, and textile design. She has led workshops in schools, museums and libraries. She is a teaching artist at The Rockwell Museum, Corning, NY, a Smithsonian affiliate.

Many thanks to Novartis Oncology and the NYC Department of Cultural Affairs for their generous support of The Creative Center at University Settlement's Arts Workshop Program for people with cancer and other chronic illnesses.

Questions? Email Sophia Heinecke, Arts and Wellness Manager at [info@thecreativecenter.org](mailto:info@thecreativecenter.org)