



The Creative Center's Arts Workshop Program is free-of-charge for people living with or beyond cancer and other chronic illnesses as well as their caregivers. All workshops will be presented remotely through the Zoom platform and require that you register in advance. All class times are Eastern Time. We recommend that participants gather all supplies/ materials in advance.

PLEASE NOTE: If you do not pre-register, there is no guarantee there will be space for you in class. If you register for a class and don't receive confirmation, please email info@thecreativecenter.org.

We have both webinars and live classes on Zoom listed in the calendar. A standard Zoom meeting is fully interactive and allows all participants the ability to see, speak, hear, and screen-share with each other. A Zoom webinar is a view-only platform where the attendees cannot see each other, and the host and artists leading the webinar cannot see the attendees. Questions can be answered through the chat function on webinars.

Click any [blue underlined](#) text to be taken to the registration page for that class.

A suggested donation of \$25 per workshop is greatly appreciated. [Click here to donate directly.](#)

All programs for the months of March/April will be virtual.

July

Writing: The Moving Pen

Mondays

July 11, 18, 25 NO CLASS ON 7/4 DUE TO HOLIDAY

6:00 - 8:00PM EDT

Meeting Link: <https://us02web.zoom.us/j/88158523441>

Meeting ID: 881 5852 3441

NOTE: This program is currently full but we are accepting waiting list registration.

Participants must commit to writing each Monday to retain group membership.

Contact: info@thecreativecenter.org

This prompt-based creative writing workshop is designed to help you discover your voice, develop new material and be part of a community of other writers in a supportive environment led by writer Frank Haberle from the NY WRITERS COALITION, a community-based organization that provides free creative writing workshops to New Yorkers, including the formerly voiceless and disenfranchised. <http://nywriterscoalition.org/>

FRANK HABERLE's debut story collection, *Shufflers*, about minimum wage transients during the Reagan era, is forthcoming from Flexible Press. His stories have won awards from Pen Parentis (2011) and the Sustainable Arts Foundation (2013) and appeared in magazines including Stockholm Literary Review, Necessary Fiction, the Adirondack Review, Smokelong Quarterly, and the Baltimore Review.

Calligraphy in Color w/ Wynn Yarrow (4 classes)

Tuesdays

July 5, 12, 19, 26

10:00AM - 12:00PM EDT

Registration:

<https://us02web.zoom.us/meeting/register/tZEtd6pqzwrHNZb9vWcDFLPuEtXXx-vpckc>

Meeting ID: 850 2715 7162

This four part workshop series is focused on personal expression through calligraphy and not on traditional letter forms. Participants will better understand colors and apply their knowledge to unique designs. Color can soothe or energize; color can create a sense of three dimensions; and color can clarify the meaning of words when used effectively. We will explore many facets of color as related to creative calligraphy.

Materials:

- plain and colored paper {If you have watercolor paint, watercolor paper is ideal. I like Strathmore Ready Cut sheets in cold press. If you are using calligraphy ink and a metal nib pen, calligraphy parchment or Bristol board is a better choice.}
- dry colored media, such as colored pencils (preferred) or markers
- scissors

- glue stick (Elmer's craft bond is recommended)
- pens...gel pen, calligraphy marker, or roller ball, whatever you have
- pencil
- wet colored media, such as watercolor or colored ink (use what you have)
- water cup
- pointed watercolor brush (or a Q tip if you have no brushes)
- clear acetate, such as clear panel from a pasta box or junk mail
- acrylic paint, even one color is fine

Wynn Yarrow's poetic response to the land creates quiet, intricate worlds; worlds that beckon you to slow your pace and enter the mystery. Through natural curiosity and captivating use of color, Yarrow draws on memory, imagination and intuition to paint landscapes that resonate with the spirit of place. Yarrow is the ongoing art in resident at The Rockwell Museum, Corning, NY, a Smithsonian affiliate. Her work is displayed in healthcare institutions, including Penn State Hershey Medical Center, Hershey, Pennsylvania and the Mayo Clinic, Rochester, Minnesota. She has received creative artist grants from the Pennsylvania Council on the Arts/Pennsylvania Humanities Council and from the ARTS Council of the Southern Finger Lakes. She has been involved with three projects funded by the National Endowment for the Arts.

Narrative Weaving w/ Ria Hawks & Genevieve Lowry (4 classes)

Tuesdays

July 5, 12, 19, 26

1:00 – 2:30PM EDT

Registration Link:

<https://us02web.zoom.us/meeting/register/tZMlf-uqqTosGt3KD00W0pfpDs6YqyvkJFuEC>

Meeting ID: 878 8227 1609

In the first class, participants will learn how to prepare a tapestry loom, using cardboard and weaving material. Facilitators will then share a short poem followed by a brief discussion of what resonates for them. Participants will then weave a tapestry and use collage materials to create a response or expression of thought and feelings connected to the reading. In subsequent classes, the participants will come to class with the cardboard loom warped and will receive a short reading in advance. The class structure will go as follows: a 10 min introduction, 25 min discussion of the reading, 35 min opportunity to weave and 20 min for additional discussion.

Materials:

Pre-Class Prep:

- Cardboard Loom (instructions will be provided)

- Rectangle or square cardboard approximately 3x5 or 7x5.
- Yarn or string

During Class:

- Yarn, string, ribbon, or pipe cleaners
- Magazines and/or newspapers for collage
- Blank Paper
- Markers
- Scissors
- Tape
- Glue stick

Ria G. Hawks is a SAORI weaver and President and co-founder of SAORI Arts NYC (SANYC). SAORI weaving is a freestyle fiber art form that can decrease stress and anxiety as well as enhance self-expression and coping skills. A SAORI weaving program is adaptable to different developmental, physical, and emotional needs. Prior to founding SAORI Arts NYC, Ria was a pediatric nurse practitioner at Children's Hospital of NY Presbyterian, Columbia University Medical Center (CUMC). Her focus was providing palliative and curative care for children with cancer and life-threatening hematological diseases.

GENEVIEVE LOWRY is an online educator that incorporates play, expressive arts and preparation as tools for expanding one's knowledge, developing a new skill or staying ahead of a trend. Her online classroom The Convenient Classroom offers professional development opportunities that build on existing skills while learning new ones potentially leading to a deeper understanding or professional advancement.

The Art of Making Fiber Paper w/ Omi Gray (4 classes)

Wednesdays

July 6, 13, 20, 27

11:00AM - 12:30PM EDT

Registration:

<https://us02web.zoom.us/meeting/register/tZ0qcuGsaj0iE9HaY7EKN4pnAan5cBeulB4X>

Meeting ID: 897 5844 6895

Learn how to make vibrant colored sheets of paper using Tussah Silk & Viscose Fiber. You will be able to use your decorative sheets of fiber papers in so many ways. Your

fibers papers can be used for embroidery, jewelry, quilting, book coverings, collage, and three-dimensional sculpture just to name a few- limited only by your imagination! The possibilities are endless!

Materials:

- 2 small plastic containers
- 2 bristle paint brushes (2" wide)
- Plastic to protect your work surface
- 1 yd of tulle fabric or more
- Elmer's Clear Glue 9oz. (not White glue)
- Old towel
- Clothespins or binder clips
- Tussah Silk Roving (also referred as "wild" silk)
(select 2 or more of favorite colors from the link below)
https://feltingsupplies.livingfelt.com/Tussah-Silk-Fiber_c_105.html
- Bamboo Fiber (Viscose is made from wood pulp)
(select 2 or more of your favorite colors from the link below)
<https://feltingsupplies.livingfelt.com/bamboo-top>
- Sari silk Waste
https://feltingsupplies.livingfelt.com/Sari-Silk-Waste_c_119.html

OMI GRAY is a multi-faceted artist living in Harlem, New York. She loves to create, but more importantly, she loves to teach and share countless techniques of transforming ordinary items into extraordinary works of wearable art, art to adorn your home and art for the sake of giving. Her creative process is spiritual, magical and therapeutic. When creating, Omi says she is at peace.

ARTiculation: Talking About Art and Sharing Works-In-Progress

Wednesday

July 6

6:00 - 8:00PM EDT

Registration:

<https://us02web.zoom.us/meeting/register/tZAud0mvpj0jH9XldTAs5qXAHH6wyN3-tyVZ>

Member ID: 843 3078 6951

We will contribute to each other's creative toolbox to find new methods to discuss the artistic process, as individuals and a creative community, by featuring three visual artists who sign up to share a work in progress. All attendees will be encouraged to contribute comments, ideas, and resources through verbal feedback and comments in the chat. The group will be facilitated by two professional artists who will prompt participants to discover how their own process can be inspired by viewing and discussing other's work in a comfortable and thought-provoking environment.

MARIA FERNANDA HUBAUT is an Argentine-American photographer and performance artist whose rich ethnic background and roots in Eastern philosophy inform her life and her work. Nothing is as it appears, and Hubeaut's composition and timing capture those encounters in which superficial societal constructs break to reveal our human story of survival and joy, and our astounding capacity to hope, grow, and create beyond our self-imposed limits.

Her solo works as well as her collaborative projects have been exhibited both nationally and internationally, in New York, Boston, France, Czech Republic and Argentina, namely: Performeando, Queens Museum; Museum Fuego of Art; Museum of Fine Art, Octavio de la Colina (Argentina); Grace Exhibition Space, BK; Panoply Performance Lab, BK; Open Studios (BOS) Bushwick, BK; The Northern Manhattan Arts Alliance (NoMAA); The IMC Lab + Gallery, NYC; Brooklyn International Performance Art Festival; Villa Victoria Center for the Arts, Boston, MA; and English Kills Art Gallery, BK, to name a few.

Crochet Garlands w/ Lisa Daehlin (4 classes)

Thursdays

July 7, 14, 21, 28

10:00AM - 12:00 PM EDT

Registration:

<https://us02web.zoom.us/meeting/register/tZlvc-Cppj4iHdVE2FtJwH1geJjFHOPr0IE>

Meeting ID: 862 4918 5871

Join us for a journey through gardens and how we can find and make them with hook and yarn. In this virtual workshop, we use the tools that can connect us over and through space: our minds, hands, and computer or phone screens. Crochet is the specific technique that we will use to make these imagined and magical garlands of flowers, shapes, textures. As with the natural world, we can find and explore an abundance of ideas. The sky is the limit... and so is the grass... and the trees, and the flowers and yes even the weeds.

Materials:

- Crochet hooks (please have a range of sizes, suggested small (D), medium (H), and large (N))

- Yarn (We can use yarn in lots of colors, textures, thicknesses. Suggested minimum of 20 yards in approximately 6 colors each.)
- Beads (with large enough hole for your yarn to fit through) are an optional add-on.

LISA DAEHLIN is a knitting designer and opera chanteuse. She has taught fiber arts at The Cooper Union, Newark Museum, PS122 Gallery, Harlem Knitting Circle, Vogue Knitting LIVE and the American Folk Art Museum in New York. A sought-after designer of knitted and crocheted fabrics and objects, she free-lances for the fashion industry and retail design. Her designs can be seen walking the streets of Manhattan, gracing the pages of Interweave Knits, Knit.1, Knit Simple and Vogue Knitting magazines.

Writing Children's Books w/ Ari Satok

Thursdays

July 7, 14, 21, 28

1:00 – 3:00PM EDT

Registration Link:

https://us02web.zoom.us/meeting/register/tZYvfuurj4qHtFkbbgc0wm5bBZwggojm_2q

Meeting ID: 822 9230 5045

In this class, we will explore the genre of children's books with the specific goal of each participant ending the class with a story idea for a picture book. Participants will spend a part of every class reading picture books and thinking about what makes them effective. We'll look at classics (including *Where the Wild Things Are*, *The Giving Tree*, and a range of Dr. Seuss books), and we'll also look at a few contemporary picture books and make space for participants to bring in their own favorites. We'll spend the larger part of every class writing. Our writing exercises will be focused on developing characters, creating an immersive setting and generating ideas for a longer story to work on. There will be time for sharing in each class. The class promises to be a powerful opportunity to be creative in a whimsical and joyful way.

Materials:

Your preferred writing materials

ARI SATOK is the author of three books of poetry. His first book, *The Architects of Hope*, captures the stories of young adults from all around the world, whom he interviewed during a yearlong storytelling project he led traveling to schools on four different continents. His second book, *The Beautiful Chaos of Growing Up*, is a heartwarming reflection on the journey through college and into young adulthood. And the most recent book *Love Too Can Spread*, reflects through poetry on the pandemic and all that we've been through. Ari has taught writing and

storytelling workshops all around the world and has taught this specific children's book class 3 times through the Creative Center. He also recently taught a 12 session class through the Creative Center called Life Writing. Ari is deeply passionate about creating spaces for people to express their unique creativity and loves working with the Creative Center.

Found Object Art Installation w/ Matthew Fischer

Fridays

July 8, 15, 22, 29

10:00AM- 12:00PM EDT

Registration:

<https://us02web.zoom.us/join/zoom-join?meeting=81129535649&from=addon>

Meeting ID: 811 2953 5649

Participants will use elements we have made over the last few years to experiment with installation art. An introductory lesson with string will start off the workshop, and then we will discuss how simple arrangements of pre-existing or made objects can take on new meanings when placed in the the context of a specific space. The workshop includes taking pictures of your work and presenting it to the class. Installation artists and fond object artists from recent history will be used as touchpoints.

Materials:

All supplies can be found at home.

MATTHEW FISCHER lives and works in New York City. He earned an MFA from Columbia University and a BFA from the University of Wisconsin River Falls. He has exhibited his work in New York at White Columns, Jack Tilton Gallery, Louis B James, Jack Hanley, 247365, Fierman Gallery and The Flag Art Foundation. He has also exhibited at The Lighthouse Works on Fishers Island, NY, Anderson Ranch Art Center in Snowmass Village, CO, at Left Field Gallery, Los Osos, CA and at Melanie Flood Projects in Portland, OR. In 2018 he was a fellow with Shandaken Project's Paint School. He has been an artist in residence at the Lighthouse Works and twice at The Edward F. Albee Foundation in Montauk, NY. He currently teaches painting and drawing at Ethical Culture Fieldston School in the Bronx.

Arts and Appetizers w/ tasha dougé

Thursday

July 14

4:00 - 5:30PM EDT

Registration:

<https://us02web.zoom.us/meeting/register/tZcsdemptj4qHtSDIfK1DMNyLWczdFy6EwGm>

Meeting ID: 831 2058 5040

Do we all see artworks in the same way? How do we find meaning in works of art? Can that meaning change? How does our own life experience affect the way we view the world? Viewing and discussing works of art together, this class will engage participants in discovering how to look at art. A variety of activities that help provide differing perspectives will encourage us to think about our responses, assumptions, and our thinking. Come with us for an adventure in looking- and seeing!

Art Build UPs: Applications... and Project Budgets

Friday

July 29

12:00 - 1:30PM EDT

Registration:

<https://us02web.zoom.us/meeting/register/tZUqc0GrrzqpHNC5C0aSp9WHlyTCwdyNJHRI>

Meeting ID: 817 7831 3364

Everyone loves a good story! Remagining budgets as narratives is a huge part of the work of this workshop as we learn both practical approaches to budgeting and some thoughtful and fun strategies to reframe our thoughts and intentions for building financial documents. With her expertise in providing support to community organizations, Rosalie Tucker will share her insights so that artists can come away with from the session with a mind to budget for both long and short term projects.

ROSALIE TUCKER (she/her/hers) is an Arts Administrator, Grant Writer, Educator and Advocate, who uses her platform to support access to and engagement with artistic and creative experiences for all. She is currently Managing Director of B. Dunn Movement, a performance art company that creates work revealing the universal spirit of our shared humanity, Director of Operations at The Gro House, a hub for mutual-aid, catering, food services, events and community resources for other QTPOC people in Los Angeles, and a freelance Grant Writer and Administrator for multiple Arts Organizations.

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Questions? Email Sophia Heinecke, Manager of Arts and Wellness at info@thecreativecenter.org