



The Creative Center Art Workshop Calendar

May 2024

The Creative Center's Art Workshop Program is free-of-charge for people living with or beyond cancer and other chronic illness, as well as their caregivers. Workshops will be presented both remotely and in person. All workshops require that you register in advance.

We offer both webinars and live classes on Zoom listed in our calendar. A standard Zoom meeting is fully interactive and allows all participants the ability to see, speak, hear, and screen-share with each other.

Our in-person classes are located at either our 184 Eldrige Street or 273 Bowery spaces. Please check your registration email for details of location.

Registration assures accurate attendance and that participants receive all emails pertaining to the workshops. Masks are not required but are encouraged for participants at in-person workshops. Workshops may be recorded.

PLEASE NOTE: If you do not pre-register, there is no guarantee there will be space for you in class. If you register for a class and don't receive confirmation, please email workshops@thecreativecenter.org.

Click any [blue underlined text](#) to be taken to the registration page for that class.

A suggested donation of \$25 per workshop is greatly appreciated.

Many thanks to the Robin Mindy Glassman Memorial Fund and the NYC Department of Cultural Affairs for their generous support of The Creative Center at University Settlement's Arts Workshop Program for people with cancer and other chronic illnesses.



Nature-Inspired Weaving

Bennie Krause of INTERTWINE ARTS

VIRTUAL on ZOOM

Fridays, May 3, 10, 17 & 24 (4 Sessions)

1:00 - 3:00 PM EST

Registration: <https://forms.gle/Cgj5yrTt3eo7fxJz9>

Description: Take advantage of the warm season and get inspired by the outdoors as we depict it through weaving! In this workshop series, participants will learn how to prepare a loom using simple materials and will be guided through creating woven pieces inspired by the natural shapes we see in the spring and summer. These weaving sessions are designed to be accessible for all, to allow anyone to develop their own unique artistic aesthetic, and to show that there is no such thing as making a mistake. We will weave together in a relaxed and communal atmosphere, and everyone will walk away with at least one finished piece of woven art.

Materials: A variety of yarns, pieces of cardboard, scissors. Optional: A small tapestry needle, tape, stick glue, found objects such as ribbons, fabric scraps, sticks, flowers, candy wrappers, etc.

Bennie Krause is a Seattle-born artist and poet currently residing in Maryland. An Alumni of Maryland Institute College of Art, they graduated in 2018 with BFA in Fibers. Working primarily with tactile processes of making, such as dyework, felting, and embroidery, Bennie Krause's pieces often utilize the meeting of poetics and the human form. Informed by their identity as a disabled and LGBT person, much of their work is tinged with themes of nostalgia or longing, and explores the complicated nature of intimacy, desire, and bodily relationships. Currently, Bennie Krause is working as a teaching artist for Intertwine Arts, a New York Nonprofit founded to teach and share weaving with disabled communities.



The Moving Pen

Frank Haberle

ONGOING - VIRTUAL

Mondays, May 6, 13 and 20

6:00 - 8:00 PM EST

Description: This prompt-based creative writing workshop is designed to help you discover your voice, develop new material and be part of a community of other writers in a supportive environment led by writer Frank Haberle from the NY WRITERS COALITION, a community-based organization that provides free creative writing workshops to New Yorkers, including the formerly voiceless and disenfranchised. <http://nywriterscoalition.org/>

NOTE: This program is currently full but we are accepting waiting list registration. Participants must commit to writing each Monday to retain group membership.

Sign up for this writing class via email! Zoom instructions will be sent to you directly.

Contact: workshops@thecreativecenter.org

FRANK HABERLE'S latest book, *Downlanders*, is an adventure story that follows five ill-equipped 1980s misfits into 'the last great wilderness' in search of adventure, or fortune, or redemption.

His stories have won awards from Pen Parentis (2011) and the Sustainable Arts Foundation (2013) and appeared in magazines including *Stockholm Literary Review*, *Necessary Fiction*, the *Adirondack Review*, *Smokelong Quarterly*, and the *Baltimore Review*.



Sunshine Jewelry Making

Sophia Yanagihara

In-Person @ 184 Eldridge

Tuesdays, May 7, 14, 21, 28

11:00 am - 1:00 PM EST

Registration: <https://forms.gle/MN98BMoSsyrCW46FA>

Description: In this empowering and expressive workshop, participants will create their own one-of-a-kind bracelets and necklaces. Utilizing a variety of different beads and recycled materials, participants will also add an eco-friendly touch to their creations.

Beyond the artistic joy, the Jewelry Making Workshop brings with it a range of health benefits. By engaging in this expressive craft, participants can effectively reduce stress related to illness. Moreover, it encourages the utilization of positive coping strategies, helping individuals find new meaning in their journey and fostering a restoration of their sense of self. This empowering and therapeutic experience lets the art of jewelry making guide participants on a fulfilling path of self-expression and well-being.

Materials will be provided.

Sophia Chizuko is a multidisciplinary artist, art educator, and curator based in Brooklyn, originally from Japan. She received her B.A. in Art and Education from Tokyo Gakugei University and moved to New York in 2000 to study abstract paintings at the Art Students League of NY, where she earned a certificate in painting. As an artist, Chizuko has been selected as a leader for various community art projects, including the "Hospital-Based Community Murals Project" at NYC Health + Hospitals' Arts in Medicine program, project art and social practice in Cypress Hills library, and SU-CASA artist-in-residence in Young Israel Senior Center.



Intuitive Painting Using the Vedic Art Method

Ingvild Waerhaug

IN-PERSON @ 184 Eldridge Street

Wednesdays, May 8, 15, 22 and 29 (4 sessions)

1:00 - 3:00 PM EST

Registration: <https://forms.gle/38EDHbuwF5h3c9828>

Description: Awaken your creative healing powers from within. The Vedic Art method offers a guide on how to connect to your creativity. Through a simple but powerful step by step method, you will learn to listen deeper to their creative impulses. Find and express your unique visual language. - learn to express yourself through abstract drawing, painting and color - learn to trust the creative process and your intuitive impulses - connect and awaken your inner healing powers through visual art image. This class is open to all level students - no prior drawing and painting experience is needed for this workshop.

Materials will be provided.

Ingvild Waerhaug is a vocalist and visual artist/textile designer with a bachelor's degree. She has 15 years of experience as a freelance teacher of arts & crafts for adults/seniors and students between the ages of 10 - 18. She is the founder of NYC School of Creativity with more than 300 students prior to Covid. Ingvild also teaches meditation and self-awareness. She is also a published designer in Scandinavian knitting/crochet/craft magazines, and published author of DIY craft books.



ARTiculation: Talking About Art and Sharing Works-In-Progress
Maria Fernanda Hubeaut and Liz Rubel
VIRTUAL on ZOOM
Wednesday, May 8th
6:00 - 8:00 PM ET

Registration: <https://forms.gle/2GU7FECsPStT72U47>

Description: ARTiculation is a space where we can talk freely and honestly about our art processes, our inspirations, muses, concerns, hiccups, accomplishments, and more. It is a monthly drop-in style two hour workshop that has created a tight knit community as we share finished pieces, works in progress, ideas for future work, and everything in between. Some sessions we have 1-2 artists present a body of work and some sessions are more roundtable sharing for all.

Maria Fernanda Hubeaut is an Argentine-American photographer and performance artist whose rich ethnic background and roots in Eastern philosophy inform her life and her work. Nothing is as it appears, and Hubeaut's composition and timing capture those encounters in which superficial societal constructs break to reveal our human story of survival and joy, and our astounding capacity to hope, grow, and create beyond our self-imposed limits.



Watercolor and Illustration
Marika Hahn
In-Person @ 184 Eldridge Street
Thursdays, May 9 & 16
10:00 - 1:00 pm EST

Registration: <https://forms.gle/6PNqVCqjiXrNufuFA>

Thursday May 9 - 10 AM to 1 PM: Bird Perched on a Lotus Petal: Shades of yellow, orange, fuchsia and green are layered to create drama. Tiny brushstrokes added, when the lotus blossom and leaves are dry, create veins and texture. Painting details, to form the feather pattern of a beautiful bird, will be demonstrated.

Thursday May 16- 10 AM to 1 PM: Persimmons: These beautiful fruits have glowing bright colors from soft yellows to deep orange. The skins are smooth and shiny so participants will start with wet on wet leaving areas for highlight. Overlapping the fruit will establish spatial relationships and an interesting composition. If time allows, patterns can be painted as wallpaper and or a table covering.

Materials will be provided.

MARIKA HAHN is a former TCC Hospital Artist-In-Residence at Bellevue Hospital. When a patient told Marika they were not creative, she asked them to give her a few minutes of their time. Once the brush was in their hand, color got dropped onto a wet paper and flows and blends into other colors. Says Marika, "Patients are amazed. Everyone smiles!" Her own artwork is inspired by nature and wildlife even though NYC is her home. Exploring color, shapes and brush strokes with people who have never before held a paint brush inspires Marika to further her work.