

As we provide these workshops, we ask for your commitment in helping us share space together. Anytime you register for a specific class, you will be asked to acknowledge that you have read and understand these guidelines.

As a Creative Center participant, I agree to:

- take space and make space if you are usually quiet, challenge yourself to take more space, and if you usually talk a lot be mindful to leave room for quieter voices. We are here to listen, to understand and support others and ourselves.
- 2. ask questions when you need clarification or assistance through zoom chat, verbal feedback, email, or phone when possible. Ask questions with respectful curiosity.
- ensure my own needs are being taken care of at all times through flexibility of having my camera/audio on/off, stretching, getting water, etc.
- 4. be a supportive and active member of the Creative Center community by learning from others, upholding confidentiality, and considering these workshops as a space away from illness by bringing only what is vital and relatable to our creative processes.
- 5. communicate with Creative Center staff in order to best support our teaching artists and the flow of workshops. By letting us know when you will not be in attendance, through our Participant Form, and especially by filling out your Workshop Evaluations – you greatly help us provide the most person-centered, best-practice experience we possibly can!