

ART AT HOME!

How to make T-shirt yarn for finger knitting

~ Sascha Mallon, Hospital Artist-In-Residence at Mount Sinai Hospital



1. Find some old t-shirts and lay them flat on a table. Start cutting straight across, parallel to the bottom end of the shirt until about one inch before the side of the t-shirt. Cut through both layers of the shirt , Make sure you do NOT cut the strip off the T-shirt!



2. Repeat this step until it looks like this.



4. Unfold the side and you will have a pattern that resembles a ribcage. Start cutting (as on the red lines, below) diagonally from row 1 to 2, then 2 to 3 and so on. This time, make sure you only cut through the top layer. As you cut, you will begin to see that the strips are connected to create a long, long, long strip of fabric that you can roll into a ball of t-shirt "yarn"! If you want a larger ball of yarn, use multiple t-shirts and connect the strips by sewing them together or simply knotting them together.



