

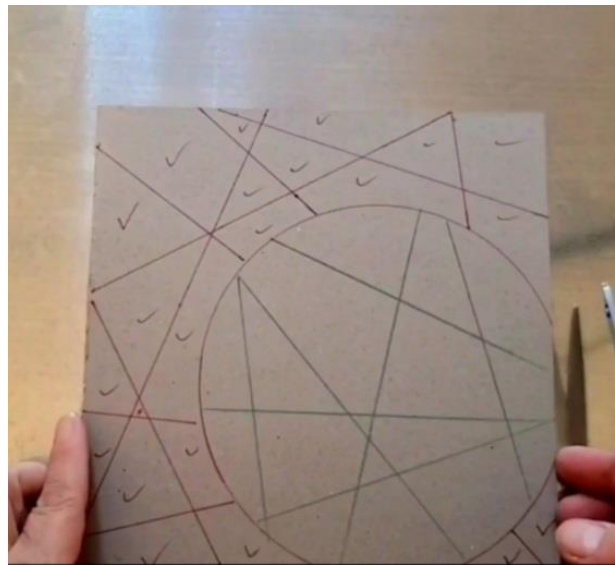
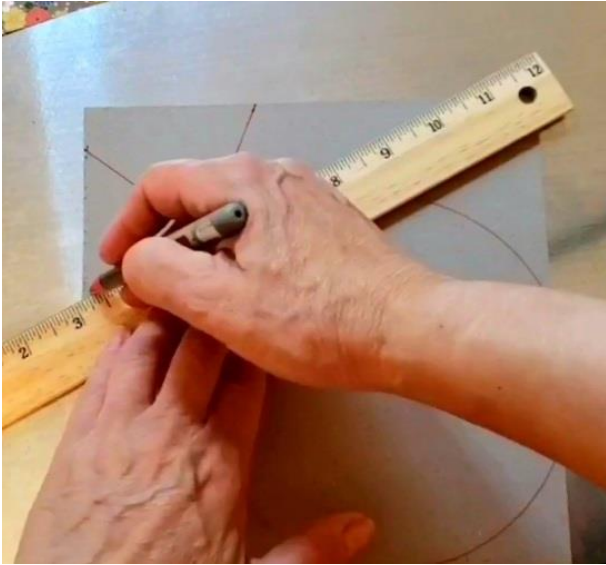


***ART AT HOME!***  
**Japanese Paper Quilting**

~ Desi Minchillo, Hospital Artist-In-Residence, Mount Sinai West 9A

**Materials:**

- Cardboard
- Patterned paper (origami, construction, magazine, wrapping)
- Ruler
- Glue Stick
- Marker
- Circular Form such as a dish



1. **Get a piece of cardboard and ruler. Draw a circular form with a simple plate, then draw straight lines with a ruler. Place checks on the surface of all the forms so that you are aware what is front and back.**



2. **Cut the forms you have created on the cardboard and place each one as you cut on a board as you designed it so that you don't get confused by all the pieces.**



3. Gather decorative paper leftover around the house and determine which patterns and color scheme you would like for the background in contrast to the circle.



4. Take a corner piece, place the side with the check against the patterned paper and cut around it. Allow distance around the object. Cut the paper around the form as if it is an envelope around the object so that there's enough paper to fold over. Choose whether it's the background or the circle to start with.



5. I opted to focus on the background, wrapping each piece.



6. Once done with the background, commence to wrap the pieces that make up the circle. I chose warmer colors so that the circle comes forward.



7. **When done with the piece, find another panel, could be cardboard or wood panel to secure to the surface with glue or tape.**