



The Creative Center's Arts Workshop Program is free-of-charge for people living with, or are survivors of, cancer and other chronic illnesses as well as their caregivers. All workshops will be presented remotely through the Zoom platform and require that you register in advance. If you register for a class and don't receive confirmation, please email [info@thecreativecenter.org](mailto:info@thecreativecenter.org). PLEASE NOTE: If you do not pre-register, there is no guarantee there will be space for you in class. All class times are Eastern Standard Time.

We have both webinars and live classes on zoom listen in the calendar. A standard Zoom meeting is fully interactive and allows all participants the ability to see, speak, hear, and screen-share with each other. A Zoom webinar is a view-only platform where the attendees cannot see each other, and the Host and artists leading the webinar cannot see the attendees.

Click any [blue underlined](#) text to be taken to the registration page for that class.

We recommend that participants gather all supplies/materials in advance.

A suggested donation of \$25 per workshop is greatly appreciated. [Click here to donate directly.](#)

## On-going Workshops

### ***Creative Writing: The Moving Pen (Jan-Feb)***

**Mondays except Jan 18, February 15**

**6:00-7:00pm**

NOTE: Participants must commit to writing each Monday to retain group membership.

This prompt-based creative writing workshop is designed to help you discover your voice, develop new material and be part of a community of other writers in a supportive environment led by writer Frank Haberle from the NY WRITERS COALITION, a community-based organization that provides free creative writing workshops to New Yorkers, including the formerly voiceless and disenfranchised. <http://nywriterscoalition.org/>

Sign up for this writing class via email! Zoom instructions will be sent to you directly.

Contact: [info@thecreativecenter.org](mailto:info@thecreativecenter.org)

**FRANK HABERLE'S** stories have won the 2011 Pen Parentis Award and the 2013 Sustainable Arts Foundation Award. They have appeared in journals including the Stockholm Review of Literature, Necessary Fiction, Adirondack Review, Smokelong Quarterly, Melic Review, Wilderness House.

# January

## ***Drawing Portraits for Beginners***

**Mondays**

**January 4, 11, 18, 25**

**12pm-1pm**

Zoom: [https://us02web.zoom.us/meeting/register/tZYpf-6grTkqGdG0nCH0pl6yx2Hzzl\\_XezZS](https://us02web.zoom.us/join/https://us02web.zoom.us/meeting/register/tZYpf-6grTkqGdG0nCH0pl6yx2Hzzl_XezZS)

Meeting ID: 824 8783 2035

In this class we will cover the basics of portrait drawing using dry materials such as pencil and charcoal. We will be working from the imagination as opposed to photos and will focus on understanding and translating the structure of the face as well as the trickier art of capturing expressions. All levels are welcome but we will begin at the beginning!

**Materials:** You can use anything, however, drawing paper, assorted drawing pencils and charcoals, a gray kneaded eraser and a blending tortillon are recommended.

**LILA ELIAS** is a multi-disciplinary artist with experience in portrait drawing, watercolor and acrylic painting, digital art and photo editing. She has worked as a makeup artist for film and print and a set painter for theater and, in addition, writes and performs for film and stage. Currently, she is working on multiple scripts and in the fashion world connecting prospective students to design scholarship opportunities. [Lilaeliasart.com](http://Lilaeliasart.com)

## ***Collage and Photomontage***

**Tuesday**

**January 12, 19**

**12pm-1pm**

Zoom: [https://us02web.zoom.us/meeting/register/tZYsfuyorjIoEteorh5sf1Q99kYHPBBI9rNn](https://us02web.zoom.us/join/https://us02web.zoom.us/meeting/register/tZYsfuyorjIoEteorh5sf1Q99kYHPBBI9rNn)

Meeting ID: 821 9500 9283

This workshop is not so much an instructional class as it is a fun, supportive space to explore and experiment within specific exercises and prompts. Create unique images by combining paper, fabric, photographs, string, found objects, tape, glue, paint, crayon, or whatever you have on hand. The objective is for each attendee to discover their own voice as they work spontaneously and intuitively, using shape, composition, color and texture. There will be opportunities for all to “show and tell” — share what materials they’ve collected to work with, hold up their results, comment and ask questions. No previous experience required.

**Suggested Materials:** Whatever you have around the house will be fine.

- Paper bags, catalogs, magazines, tape, ribbon, string, fabric, cardboard, cards, postage stamps, wrapping paper...
- Glue sticks, school glue, tape or other adhesives.

- Paper bags, cardboard, card stock, paper, fabric, or envelopes for the background.
- Scissors, X-acto knife, or you can tear by hand.
- Cardboard or a mat as a surface for cutting and/or to work on.
- Pens, pencils, paints, markers if you want to add to the collage (optional)
- Sense of fun!

**SUSAN OLINSKY** is an artist, designer, and visual idea enthusiast. A graduate of Parsons School of Design, Susan has created illustrations for editorial and advertising markets, and for children’s publishing. Prior to opening her own design studio in 2013, she worked as a creative director at John Wiley & Sons, overseeing publishing and branding projects. Most recently, during these pandemic times, Susan has been offering online creative workshops as a way to engage in “purposeful play,” and to connect with others — artists and non-artists alike — who are drawn to do the same.

## ***Playwriting: Monologues for Zoom Performance***

**Thursdays**

**January 7, 14, 21, 28**

**12pm- 1:30pm**

Zoom: <https://us02web.zoom.us/meeting/register/tZYuf-2rqzssGNWC5jnGQ29DcnoSzyIFWy8o>

Meeting number: 823 8435 0621

With theatres remaining closed until Spring of 2021 and public gatherings still dangerous, Zoom has become the only way for us to share theatrical writing with others. In this workshop, we’ll explore how to write specifically for an online audience and find ways to connect with our viewers despite our distance and separation. During our four 75-minute sessions, we’ll discuss what stories we most urgently need to tell, explore how to connect to and engage our online audiences, watch examples of effective Zoom plays, and workshop each other’s material. All participants will create intimate pieces – either a monologue or short 2-3 person scenes - which will be performed on Zoom by the participants and/or actors at the conclusion of the workshop. Let’s discover together how to use our stories to connect with others during these isolating times. All writing experiences welcome from first-timer to published author.

**Materials/ prep work: A commitment to write and watch required online performances is expected. More specifics will be emailed upon registration**

**SHERI WILNER** is an award-winning, published and produced playwright who has been working in the theatre for over twenty-five years. Also an established playwriting teacher, Sheri has taught at numerous colleges and universities, as well as for several NYC cultural institutions.

## ***Personal Flower Arranging Webinar***

**Thursday**

**January 14**

**10am- 10:45am**

Zoom: [https://us02web.zoom.us/webinar/register/WN\\_gjiq3ZQ\\_TJilulVImSs0NQ](https://us02web.zoom.us/webinar/register/WN_gjiq3ZQ_TJilulVImSs0NQ)

Please join us for this colorful, and enjoyable Webinar! Would you like to use flowers for your own enjoyment? By buying very few flowers, and using only materials that are in your home, you will be amazed at how many different arrangements you can create! Anyone can do this! No experience required! All you need is a desire to enjoy yourself, and be inspired! You will learn: To discover that the most ordinary things that are found in the home can be used to create the most extraordinary floral arrangements.

- How to work fearlessly with flowers.
- How to perk up your home by bringing the outside in.

**Materials list:** Flowers, Scissors, Container or vase, Water  
Optional: Tape, Cinnamon sticks, Artificial grasses

**BETTE GROSSMAN** is a jewelry designer and instructor inspired by the myriad of possibilities found in materials and techniques. Her challenge is to combine them in new one-of-a-kind ways. She is noted for her creative statement pieces; contemporary patterned bead crochet ropes, freeform aluminum wire pendants and unique wire crochet necklaces. Creativity has always been part of Bette's life and sharing that creativity with eager learners of every age has become a continuing goal.

## ***Meditation and Drawing***

**Friday**

**January 15**

**12- 1pm**

Zoom: <https://us02web.zoom.us/meeting/register/tZAvdOCsqzsvHNLwCQMlyKTcmi5AnVyGuyKr>

Meeting number: 842 3945 0566

In this workshop, we will use both guided meditation and the breath to begin our process, moving into simple drawing activities to de-stress, relax, and breathe! Join friends old and new as we explore a variety of exercises designed to soothe our minds and open our creative spirits!

**Materials: Paper or notebook, pens, pencils, Optional: tape**

**Suzan Colon** is a certified yoga and meditation instructor, writer, and artist. Her passion is helping people find creative ways to meditate. She is the author of *Yoga Mind: Journey Beyond the Physical*, a 30-day program of Yoga's spiritual path, and other books. Suzan was the host for the Sktchy app's Mindful March art and meditation program, and she co- led the Artists Network retreat Meditations on Drawing in 2018. Visit Suzan at [suzancolon.com](http://suzancolon.com).

## ***Zentangle Drawing***

**Friday**

**January 29**

**12pm- 1pm**

Zoom: [https://us02web.zoom.us/meeting/register/tZAkcumopzguG9Am21sd\\_pHBJuZmq3Nw79t6](https://us02web.zoom.us/meeting/register/tZAkcumopzguG9Am21sd_pHBJuZmq3Nw79t6)

Meeting number: 849 5009 3414

The Zentangle Method is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns. In this introductory workshop, participants will learn some relaxing Zentangle-inspired drawing exercises. Zentangle is an easy to learn, fun way to create beautiful pictures by repeating patterns. You create tangles with combinations of dots, lines, simple curves, S-curves and orbs. Enjoy this time to relax, play and center yourself.

**Materials:** Paper of any size and weight without lines, pencil, available markers, if you have colored ones great, but it is not required

**SASCHA MALLON** is the Creative Center's Artist-In-Residence at Mount Sinai Outpatient Oncology and Bone Marrow Transplant. She grew up in Austria and now lives in Beacon, NY with her family. She studied art therapy at ISSA/ School for Art Therapy in Austria. Her specialty as a Hospital Artist-In-Residence is to find the perfect project for each person. Her favorite patient activity is the one in which the participant gets completely lost, focused on the present moment and happy with the result. [www.saschamallon.art](http://www.saschamallon.art)

## ***Paint or Draw Things In Your Home***

***January 6, 13, 20, 27***

**4pm-6pm**

Zoom: [https://us02web.zoom.us/meeting/register/tZAkcuCurDwoH9AvilqrZnDanIX\\_zJxN32cf](https://us02web.zoom.us/meeting/register/tZAkcuCurDwoH9AvilqrZnDanIX_zJxN32cf)

Meeting number: 849 5962 7254

This workshop will focus on using the common items in your home to create still life's or interior compositions using the medium of your choice. Items such as kitchen utensils, crockery, fruits and vegetables can all be used. Interior views of your home space will be considered too. You will not only complete an artwork but will have visual documentation of your daily life during this time of confinement. You can choose to do quicker studies creating new work each class or work for all four sessions on one composition!

### **Materials needed:**

For Drawing

- Drawing Paper
- Charcoal or #2 pencils
- Eraser

For Painting:

- Stretched Canvases or canvas boards (various sizes; 12" x 16", 16" x 20", 18" x 24") or watercolor paper.
- Paintbrushes
- Paints- acrylic, oil paint or watercolor paint

Note: Oil paint should not be used indoors without high quality ventilation\*

- Paper towels

**VIC HONIGSFELD's** current painting practice is focused on portraiture as well as landscapes and cityscapes. Previous work from Vic has included a focus on imagery of ships and the vastness of the sea, an homage to his years spent at sea as a merchant seaman. Born and bred in New York City, Vic studied at The Art Students League of New York, The Ecole Albert DeFois in France and has an MFA in painting & drawing from Queens College (2015). He currently lives, works and paints in Manhattan and Southampton. <http://www.victorhonigsfeld.com/>

## February

### ***Workshop Your Sculpture: Exploring Concepts and Materials***

**Mondays**

**February 1, 8, 15, 22**

**12pm-1pm**

Zoom: <https://us02web.zoom.us/meeting/register/tZYlf--pqz8vEtf8xslUqW0n2IjgPw3J4SRn>

Meeting ID: 828 8615 4583

If you ever wished for somebody to tell you how sculpture, product design, and fabrication get done, here is your chance to discuss those processes and more! This class requires that you email [info@thecreativecenter.org](mailto:info@thecreativecenter.org) (in addition to registering for the class a short proposal which should suggest anything that you want to learn or do to create a sculptural work at home with the tools, budget and workspace you have now. Nothing is the wrong idea for this class!

If you don't have a particular idea, the instructor will introduce new materials and processes like clay modeling in Plastilene (or salt dough from your pantry), leatherwork (for strong hands), and drafting and rendering an image of a product idea using a paper model (the most difficult but essential skill in product design), or trying to repair or restore an object (don't start with something you love). This class will focus and sharing the experiences of what we learn and discover outside of class, coupled with discussion and demonstration during class hours.

**MATERIALS:** total wild card, but nothing unsafe or toxic

**BARBARA STORK** is the artist formerly known as Professional (1982 BFA Fine Arts Carnegie-Mellon University). Sculpture is noisy, toxic, and the pressure to fabricate under deadline makes it all zero fun, except for the end product that will amaze. Originally denied access to Shop Class for Boys, and forced to take Home Economics for Girls, she has been fish out of water in the sculpture world. Somehow, she became a decent Pro anyway, can tell you its not as bad as you think. And wants you to feel comfortable feeling unskilled. Her experience is in cast iron, cast aluminum, molded resin, rubber and ceramics, saddlemaking, horse training and riding instruction (horses will teach you about how to have endless patience and time, in a world where force never works), watercolor and drawing, architectural restoration, general contracting and construction management. Her latest product design is cookware for Brooklyn Copper Cookware. She is currently an architectural spec writer at Mitropoulos Architects. [barbarastork.com](http://barbarastork.com)

### ***Paper & Leather Handmade Beads Webinar***

**Monday**

**10-11am**  
**February 8**

Zoom: [https://us02web.zoom.us/webinar/register/WN\\_PuNysmyTRuCARcZPvUom1w](https://us02web.zoom.us/webinar/register/WN_PuNysmyTRuCARcZPvUom1w)

Participants should feel free to follow along or watch to get an introduction into the world of making jewelry with this easy introduction using many materials found at home! Beads are one of the oldest forms of art. For this project you will learn how to use paper & leather to create handmade beads. You can use your beads to make earrings, necklaces, bracelets and much more.

**Supplies For Handmade Beads:** Magazine Paper, wrapping paper, wall paper, hand painted paper, light weight cardstock & thin to medium weight leather scraps, Scissors , 12" ruler, Pen or pencil, Glue Stick or tacky glue, Mod Podge, Toothpicks, Small cellulose sponge

**Supplies to create Earrings from your Beads:** Earwires, Beads in assorted sizes, Jewelry Headpins or Eye pins, Craft wire 24 gauge, Wire Cutters, Round Nose Pliers, small paint brush

**OMI GRAY** is a multi-faceted teaching artist living in Harlem, New York. She inherited her passion for all things creative and her ever-present quest for new ideas to create from her Mother, Grandmother, and her Ancestors. Her Harlem Design Studio is where she teaches and creates. She lives within walking distance of Central Park and can sometimes be found in the park, collecting leaves & weaving in "Natures Art Studio."

### ***Decorative Decoupage: Collage Covered Containers Webinar***

**Monday**  
**10-11am**  
**February 22**

Zoom: [https://us02web.zoom.us/webinar/register/WN\\_1C6TZjgPSO-b\\_2IfvJDi0g](https://us02web.zoom.us/webinar/register/WN_1C6TZjgPSO-b_2IfvJDi0g)

Decoupage is the art of gluing decorative paper to a surface to totally reinvent the look of a functional object. This technique will inspire you to liven up your home in a new way and to turn the ordinary into the extraordinary. With just a few supplies, you will be able to add new life to ordinary jars, bottles, boxes, and more. While being at home for the past few months, Artist Omi Gray began to look at all my jars of coffee, pickles, and even my old ceramic planters with a new eye. Now she is much happier, looking at my "ART JARS" dressed in beautiful colors and patterns that make me smile. Join her with any container to take your ordinary and make it extraordinary!

**Supplies:** Yogurt Containers, Jars, Bottles, Assorted Papers (Handpainted Paper, Tissue Paper, Deli Paper, Napkins, Wrapping Paper or Magazines), Acrylic paints, Mod Podge, Scissors, Small Foam Brush, Paint Brush  
Toothpicks, Ruler, Pencil

**OMI GRAY** is a multi-faceted teaching artist living in Harlem, New York. She inherited her passion for all things creative and her ever-present quest for new ideas to create from her Mother, Grandmother, and her Ancestors. Her Harlem Design Studio is where she teaches and creates. She lives within walking distance of Central Park and can sometimes be found in the park, collecting leaves & weaving in "Natures Art Studio."

## ***Watercolor Illustration***

**Tuesdays**

**February 2, 9, 16, 23**

**11am-12pm (please arrive at 10:45am for instruction on mixing paint)**

**Participants must attend both sessions to complete the project**

Zoom: <https://us02web.zoom.us/meeting/register/tZYpfuivriojEtR4sKimIBun1cXYyOelMKF>

Meeting ID: 824 9170 1980

This watercolor workshop, using watercolor inks, is designed for people with varied artistic abilities. Inks are transparent and colors are easy to mix and they flow beautifully. Participants preferring to use watercolor in tubes are welcome to use their preferred medium.

Techniques will include wet on wet, wet on dry, layering/glazing and a variety of brush stroke techniques. This class approaches watercolor using graphic illustration with an emphasis on composition and cropping.

Classes will focus on these themes : vegetables, fruits, flowering vines and seashells.

**Materials needed (click each material to view on DickBlick.com):**

- [Size 4 Watercolor Brush](#)
- [Size 10 short-handle Watercolor Brush](#)
- [2 palettes for mixing colors](#) and small plastic yogurt cups
- [Dick Blick Liquid Watercolor](#) (minimum size, 4 oz) in Red, Blue, Yellow, Violet, and Black (One bottle of liquid watercolor lasts Marika 5-6 months, painting EVERY SINGLE DAY!)
- Substitute: Paints can also be made with food coloring, or pan watercolors, though this is not ideal.
- [Paper: 140# cold press watercolor paper ...Strathmore series 3](#)

**MARIKA HAHN** is a Creative Center Hospital Artist-In-Residence at Bellevue Hospital's Cancer Center. When a patient tells Marika they are not creative, she asks them to give her a few minutes of their time. Once the brush is in their hand, color gets dropped onto a wet paper and flows and blends into others colors. Says Marika, "Patients are amazed. Everyone smiles!" Her own artwork is inspired by nature and wildlife even though NYC is her home. Exploring color, shapes and brush strokes with people who have never before held a paint brush inspires Marika to further her work. [marikahahn.com](http://marikahahn.com)

## ***Contemplative Abstract Art***

**Wednesdays**

**February 3, 10, 17, 24**

**1pm-3pm**

Zoom: <https://us02web.zoom.us/meeting/register/tZMpd-yvrjoqGNXdXL7kkz7ajACs65u48C4F>

Meeting ID: 874 0570 1021

In this four-session class, we will explore the work of four different women artists Alma Thomas, Sonja Delauney, Helen Frankenthaler, and Lee Krasner and then create abstract images inspired by them. The focus of this class is relaxation and contemplative practice. No art experience is necessary.

**Materials:** pencil, 2 sizes of flat edge brushes (½" and ¼"), 2 sizes Round Brushes 4 and nine, If you don't have don't have all of those brushes, no worries. you can work around it and use any brush available, you can either get a water color set, and at least 4 sheets of heavyweight water color paper, or acrylics, and at least 4 canvas pads, or canvases of any size you feel comfortable with

**SASCHA MALLON** is the Creative Center's Artist-In-Residence at Mount Sinai Outpatient Oncology and Bone Marrow Transplant. She grew up in Austria, and now lives in Beacon, NY with her family. She studied art therapy at ISSA/ School for Art Therapy in Austria. Her specialty as a hospital Artist-In-Residence is to find the perfect project for each individual. Her favorite patient activity is the one in which the participant gets completely lost, focused on the present moment and happy with the result. That can be as little as a bracelet or an art installation that takes over the whole hospital room. Her art practice is very personal, so my work as an artist in residence, her artwork and her whole life is interconnected. [www.saschamallon.art](http://www.saschamallon.art)

## ***Introduction to Weaving***

**Thursday**

**February 4, 11**

**12pm-1pm**

Zoom: [https://us02web.zoom.us/meeting/register/tZ0uduytpjkpH9H0ADrCWbhX1BuUcPC4\\_tv2](https://us02web.zoom.us/meeting/register/tZ0uduytpjkpH9H0ADrCWbhX1BuUcPC4_tv2)

Meeting ID: 893 1558 2355

You will learn how to create a basic cardboard loom and three different weaving techniques. A perfect, soothing new art form to explore while at home. Have fun and get creative!

**Materials:** 8 by 10 inches thick cardboard for the loom (corrugated plastic board sheets are great), scissors, ruler, pencil/pen, tape, cotton thread or any strong thread material to thread the loom (you can even recycle old clothes in to a threads), something that you can use as a dowel (8 inches preferable), weaving materials : old wool, new wool, paper strips, laces, twigs- really "anything" that you can weave with!

**CIBELE VIEIRA** is a Creative Center Artist-In-Residence at both Mount Sinai Downtown and New York Presbyterian Hospital and a conceptual artist who believes in the power of the arts to communicate and create communities. She also believes that part of the artist's job is to share and educate the general public about contemporary art. [www.cibelevieira.com](http://www.cibelevieira.com)

## ***Writing and Presenting Fables***

**Thursday**

**February 4, 11, 18, 25**

**2– 3pm**

Zoom: <https://us02web.zoom.us/meeting/register/tZAsceiprjMrEtbyDIU3wCl5R4yU98NW2Nmg>

Meeting ID: 841 6110 8182

Using mindfulness and breathing techniques, we will tap into our imaginations to create new worlds. Writer and mindfulness practitioner Naimah Hassan will guide us in writing our own fables! Each participant will create their own story that features humans, animals, mythical creatures, plants, and inanimate objects who are given human qualities such as verbal communication. At the end of the four weeks, everyone will have a chance to share fables with each other.

### **What is a fable?**

A short tale to teach a moral lesson, often with animals or inanimate objects as characters.

### **What are the characteristics of a fable?**

Fables are short and have few characters.

Characters are often animals with human attributes. They have strengths and weaknesses and are in some sort of conflict.

Fables are just one story.

The setting can be anywhere.

A lesson or moral is taught and is stated at the end of the story.

Fables usually make the reader think about what was read.

### **Supplies:**

Imagination

A wearable item (wig, hat, jacket) that helps you feel inspired, or that you've taken on a different persona

Writing notebook

Computer

Pen or Pencil

**NAIMAH HASSAN** is a trained mindfulness meditation teacher for over 20 years, who has facilitated workshops for teachers and students and leads retreats in New York City. She is a licensed theater teacher, artist, director, improv and audition prep coach and has taught in the New York City school system for over 20 years in elementary and middle schools. Naimah contributed to the NYCDOE'S Curriculum Blueprint for Teaching and Learning in Theater and continues to be a facilitator for the NYCDOE professional development for certified theater teachers and artist. Through FRANKLIN FURNACE, Naimah provides the Theater Games workshops and Life Storytelling with Naimah Hassan that explores movement, voice, text, and performance through acting, mimicry, pantomime, mindfulness, and theatre. THEATRE GAMES helps children gain individual and communal experience with creative expression, public performance, and identity formation by allowing them to present their own life narratives. Naimah is part of a comedy team Epstein and Hassan, performing regularly in New York City, the United States and Europe.

## ***Heartfelt Origami Valentines***

**Friday**

**February 12**

**12pm-1pm**

Zoom: <https://us02web.zoom.us/meeting/register/tZAqf-irrDltGtU64nzfFpU7634zclDvml-K>

Meeting ID: 847 8132 9701

In this workshop, we'll create two origami models with a heart theme that are pretty, useful and versatile. For supplies, you'll need two pieces of 6" origami paper, preferably red on one side and white or another color on the back. The paper can be larger but no larger than 8.5" squares. You could use computer printer paper or wrapping paper but it needs to be a true square. No other tools are needed but having scissors handy is a good idea. Good lighting and a flat folding surface is important as are your reading glasses if you need them. A cutting board, a large book, a cereal box side, or a TV tray table are good options.

**Materials:** Materials: About 6 squares of 6" origami paper, wrapping paper or other paper that is a different color on each side. BOTH SIDES OF THE PAPER WILL SHOW and create the pattern. If you do not have "DUO" paper, you can find a pattern online and print it onto a sheet of computer paper and then cut your square from that. In your search box type "PATTERNS FOR PAPER" and you'll find tons of patterns to print! You can print black on white or colored paper, or color print on white paper. I will teach how to make squares from rectangles. ([www.origamiusa.org/catalog](http://www.origamiusa.org/catalog) is a good, safe source for papers, books and diagrams, located right here in NYC and shipped by 1 person in NJ)

**Optional Materials:** A folding bone, the back of a teaspoon or a round pen barrel such as a sharpie for making firm creases. A utility knife (with about a 3-4" blade), an envelope opener, a rotary or hatchet style paper cutter. Scissors will do, if necessary, but they are not as accurate in cutting a straight line. While patterned papers make lovely, fashionable models, for learning purposes it might be better to start out with solid color paper so that the creases are easier to see. Once you are comfortable folding, you can use your wonderful patterns. Standard origami paper works well since its often solid colored on one side and white on the other. Good task lighting is very important so that you can see your folds. Make sure you have reading glasses if you need them and of course a flat, hard surface.

**MARYANN SCHEBLEIN-DAWSON** is an origami specialist and a Certified Zentangle Teacher (CZT). She has a BS in Textile Technology and has been working with paper, fabric and mixed media for most of her life. She has been a member of OrigamiUSA since 1991, served a term on their Board of Directors and regularly teaches at origami events at the American Museum of Natural History in addition to teaching classes all over Long Island and the Metro NY area through PAPERPLAY.

## ***Women Poets of the 1960's and 70's***

**Friday**

**February 19, 26**

**2pm-3pm**

Zoom: <https://us02web.zoom.us/j/81591081178>

Meeting ID: 815 9108 1178

In this class we'll explore writing by women from the Black Arts Movement in Harlem in the 60's and 70's as well as some work by feminist writers on the West Coast in the 70s. After reading a few poems, we'll do some of our own writing in response, and/or with suggestions offered by the workshop leader.

**Materials:** Writing utensils, notebook, and computer

**MICKY SHORR** is a NY Writers Coalition-trained writing workshop leader and has led writing groups in public libraries, a homeless shelter and a domestic violence prevention program in the metro area. Micky facilitated a monthly poetry reading while she lived in the Hudson Valley and she has been a featured reader at venues there, in Manhattan and on Long Island. Her work has been published in a number of literary journals and anthologies.

## ***Art and Appetizers***

**Thursday**

**February 18**

**4:00-5:00pm**

Zoom: <https://us02web.zoom.us/meeting/register/tZcrf--oqT0tH9zYaR5B92rSP5ZpNd9I3xU3>

Do we all see artworks in the same way? How do we find meaning in works of art? Can that meaning change? How does our own life experience affect the way we view the world? Viewing and discussing works of art together, this class will engage participants in discovering how to look at art. A variety of activities that help provide differing perspectives will encourage us to think about our responses, assumptions, and our thinking. Come with us for an adventure in looking- and seeing!

**ROBIN GLAZER** is the director of The Creative Center at University Settlement. She is a national leader and advocate in the field of art-in-healthcare and creative aging. Robin is also a painter, printmaker, art educator and grandma, whose papier mache puppets and daily puppet shows have been delighting her grandchildren since lockdown!

**Many thanks to Novartis Oncology and the NYC Department of Cultural Affairs for their generous support of The Creative Center at University Settlement's Arts Workshop Program for people with cancer and other chronic illnesses.**

**Questions? Email Sophia Heinecke, Program Coordinator at [info@thecreativecenter.org](mailto:info@thecreativecenter.org)**